

Clean Run

2016 (Vol. 22) Annual Index

As the World Turns by Mary Ellen Barry

Tunnel Brake	Jan.....	40
False Turns	Feb.....	33
Grab to Weaves	Mar.....	41
Lateral Push.....	Apr.....	13
Collected Front Cross	May.....	37
Backside Front Cross.....	Jun.....	18
Front Cross	Jul.....	21
Front Cross with a Shaped Takeoff Point.....	Aug.....	11
The Tornado Front Cross.....	Sep.....	21
The Twist.....	Oct.....	49
The Helicopter.....	Nov.....	11
The Flick at a Jump	Dec.....	59

Backyard Dogs

By Mia Grant.....	Jan.....	58
By Dudley Fontaine.....	Feb.....	64
By Mia Grant.....	Mar.....	32
By Dudley Fontaine.....	Apr.....	8
By Mia Grant.....	May.....	48
By Dudley Fontaine.....	Jun.....	56
By Mia Grant.....	Jul.....	53
By Dudley Fontaine.....	Aug.....	29
By Mia Grant.....	Sep.....	39
By Dudley Fontaine.....	Oct.....	27
By Mia Grant.....	Nov.....	53
By Dudley Shumate Fontaine.....	Dec.....	8

A Balancing Act: The Three-Legged Stool of Behavior Change by Terry Long, CPDT-KP

Part 1 balance and integrate the critical elements of a behavior modification program	Jul.....	15
Part 2 balance and integrate the critical elements of a behavior modification program	Aug.....	24
Part 3 balance and integrate the critical elements of a behavior modification program	Sep.....	62

Bringing Up Banksy by Laura Hartwick

Part 1-On a quest towards becoming somewhat better then good	Jan.....	36
Part 2-On a quest towards becoming somewhat better then good	Feb.....	28
Part 3-On a quest towards becoming somewhat better then good	Mar.....	62

Canine Training and Behavior Q&A by Tom Mitchell BSc, BVSc, MRCVS

Could bar knocking in competition be the result of a behavior issue?	Jan.....	23
Socializing when the dog that is fine off lead but terrible on lead, help!	Feb.....	42
Three tips to turn your dog's worry into confidence!.....	Apr.....	50
What motivates a dog distracted by birds?.....	Jul.....	46
Stalky Dog.....	Oct.....	47
Flirt Poles	Nov.....	37
The Socialization Period.....	Dec.....	17

The Construction Zone

Building Cavalettis by Kim Duff.....	Jan.....	53
Adjustable Teeter Base by Stephanie Morgan.....	Feb.....	62
Pause Table by Kathy Mocharnuk.....	Mar.....	25

PVC Jump and Detachable Wings by Sadie Swanson	Apr.....	36
Wing to Nonwinged-Double Convertible Jump by Patricia Pointing.....	May.....	26
PVC Wing Jump by Kim Duff	Jul	58
PVC Peanut Holder by Patty O’Bleness.....	Sep.....	59
Puppy Dogwalk by Jane Killion.....	Oct	62
15-Minute Jump by Kim Duff	Nov	33
2016 Construction Zone Contest	Nov	22
Ribbon Wreath by Deborah Davidson-Harpur	Dec.....	48

Dog Health

Returning to Agility Competition After Treatment for Medial Shoulder Syndrome By Sherman O. Canapp, Jr. DVM, MS, CCRT, DACVS-SA, DACVSMR	Jan.....	16
Massage Therapy for the Canine Athlete by Valerie Black, Certified CMT, CPMT, CRMT.....	Feb.....	59
Return to Agility after Iliopsoas Strain by Robert Cullen, DVM and Debra Canapp, DVM, CCRT, CVA Diplomat, American College of Veterinary Sport Medicine and Rehabilitation	Mar	53
Returning to Agility Competition After Treatment for Jump Down Syndrome by Desmond Tan, BVSc (Hons) and Sherman O. Canapp, Jr., DVM, MS, CCRT, DACVS-SA, DACVSMR	Apr.....	52
Superficial Digital Flexor Luxations in Performance Shelties by Davic Dycus, DVM, MS, CCRP and Sherman O. Canapp, Jr., DVM, MS, CCRT	Jun	47
Return to Agility after Achilles Tendon Injury by Lauri-Jo Gamble DVM and Debra Canapp, DVM, CCRT, CVA, DACVSMR	Jul	11
Traumatic Patellar Luxation in Agility Dogs by Brittney Jean Carr, DVM and Sherman O. Canapp, Jr., DVM, MS, CCRT.....	Aug	43
An Unexpected Odyssey; Canine Obsessive-Compulsive Disorder and Agility by Susan Klavon.....	Aug	36
Laser Therapy for the Canine Athlete: Where’s the Evidence? By Brittany Jean Carr, DVM, CCRT and Debra A Canapp, DVM, DACVSMR, CCRT, CVA	Sep.....	31
Biceps Injury in Agility Dogs By Lauri-Jo Gamble DVM and David Dycus DVM.....	Oct	58
Flexor Carpi Ulnaris Tendinopathy in the Agility Dog by Brittany Jean Carr, DVM Sherman O. Canapp, Jr., DVM.....	Nov	49
Extreme Canine Conditioning Exercises by Debbie Gross	Dec.....	46

Editorializing

There’s No Crying in Dog Sports by Laurie C. Williams CPDT-KA.....	Jan	5
Help Spread the Word by Brenna Fender.....	Feb	5
Setting Boundaries by Kathy Keats.....	Mar	5
What the Breed Ring Taught Me about Agility by Linda Summersgill	Apr.....	5
Be Aware Before You Share by Brenda Fender.....	May.....	5
Life is What Happens by Holly Krueger	Jun	5
Why I Do Agility by Janielle Daniels.....	Jul	5
Enjoy the Journey by Kathryn Hawkins, DVM.....	Aug	5
It’s Not About the Clubs, the Racket, or the Breed by Brenna Fender.....	Sep	5
Why Did I Retire that Dog? By Erin J. Knotek	Oct	5
Point to Point; Why Volunteer? By Cindy Deak.....	Nov	5
Point to Point: Shoot the Chute? By Cindy Deak.....	Dec.....	5

Everything You Always Wanted to Know About Agility by Brenna Fender

Overview of different agility organizations.....	Jan.....	7
USDAA Title Mania, 2012 AKC National Agility CH qualifications, AKC AGCH title, NADAC videotape events	Feb	7
AKC new ACT program, USDAA TitleMania, donations for IFCS team, why doesn’t NADAC allow video review of calls.....	Mar	7
NDAL, 2016 IFCS Team USA, USDAA Regional Champ. and Cynosport World Games, USDAA amendments to rules and regs., AKC World Team tryouts	Apr.....	7

NADAC changes, 2017 AKC Companion Events National Championship, what organizations allow 3-legged dogs to compete?	May.....	7
The rules -who is responsible for jumps being set to the right height	Jun	7
USDAA regional news, AKC Agility Course test, differences between ACT and AKC agility trial	Jul	7
USDAA A-frame height change, NADAC discounted entries, AKC who is responsible for correct jump bar height, AKC rules regarding chute safety	Aug	7
USDAA A-frame news and Cynosports update, NDAL reaches new countries, NADAC classes without jumps	Sep	7
AKC suspends chute. Date and location of 2017 Cynosports. UKI jump height and Chute change. What organization offers a “pre-novice” or very basic entry option?.....	Oct	7
The chute eliminated. 2017 AKC Invitational, NADAC news, 2017 UKI Open, USDAA Regional Championships announced for 2017	Nov	7
USDAA modifications to Title Mania, new clubs join NDAL, new rulebook for NADAC, finding an AKC ACT to enter. Handling a dog running past the last jump on a course.....	Dec.....	7

Flooring and Footing by Brenda Fender

Underfoot, Part 1: A Look at Foam Flooring	May.....	8
Underfoot, Part 2: A Look at Rubber Flooring	Jun	58
Underfoot, Part 3: Our First Look at Artificial Turf	Sep.....	10
Underfoot, Part 4: Our Second Look at Artificial Turf	Oct	33
Underfoot Updated: Natural Surfaces	Nov	60
Underfoot Updated: Composite Surfaces	Dec.....	34

Functional Fitness Applied to Agility Moves

Get Ready to Rumble! By Antoine Alston	Jan.....	60
You Are All Athletes by Antoine Alston and Eileen Duane	Feb.....	55

How to Train Legendary Lead-Outs by Kristy Netzer

Part 1-“recall out” and landing-side front cross drill	Mar	14
Part 2- directed jumping-teaching the “recall out”	Apr.....	58
Part 3-directed jumping-teaching the “recall out”	May.....	63
Part 4-“recall out” with all types of obstacles.....	Jun	8
Part 5-lead out line and body position	Jul	60
Part 6-recall with a turn	Aug	48
Part 7-lead out skills when the second obstacle is on obstacle other then a jump	Sep.....	56
Part 8-Its time to take a look at the nitty-gritty of lead-out positioning.....	Oct	18
Part 9-Taking lead-out skills to the next level-the “double out”.....	Nov	44
Part 10-Aframe/Tunnel discrimination setup	Dec.....	32

The Judge’s Debriefing

By Dale Mahoney	Jan.....	49
By Sandra Katzen	Feb.....	22
By Lauren Duckworth	Mar	37
By Lavonda Herring	Apr.....	24
By David Bozak	May.....	17
By Cindy Deak	Jun	41
By Scott Lovelis	Jul	8
By Lisa Potts	Aug	54
By Tori Self.....	Sep.....	51
By Chris Dewey	Oct	40
By Jeff Boyer.....	Nov	55
By Gil Chapman.....	Dec.....	38

Judge's Eye by Cindy Deak

Course Design and You, Part 1	Jan.....	20
Course Design and You, Part 2	Feb.....	49
Course Design and Point-Accumulation Games	Mar.....	8
R R R Aaargh! Part 1-Refusals.....	Apr.....	47
R R R Aaargh! Parts 2-there are 2 different types of refusals	May.....	42
Spinning Wheel Got to Go Round, Part 1	Jun.....	63
Spinning Wheel Got to Go Round, Part 2	Jul.....	32
Wrong Courses	Aug.....	22
Let's Get It Started	Sep.....	8
Eyes on the Finish	Oct.....	44
AKC Premier Explained.....	Nov.....	39
So You Want to Be an Agility Judge.....	Dec.....	28

Managing Technology

Seven Tips for Making Videos that Improve Your Performance by Jean M. Emery	Mar.....	18
On The Road with Your Dogs: Managing Your Mobile Phone to Stay Safe by Tracy Sengupta.....	May.....	54

Miscellaneous Training

Training In Concepts by Sandy Rogers	Jan.....	8
Diary of a Lazy Trainer: Successful Agility Starts with Workin' K9 to 5-Or Does It? By Andrea Davis	Feb.....	52
Training Your Toddler and New Agility Puppy to Coexist by Amanda Shyne	May.....	30
Welcome to the Matrix by Debbie Harrison.....	May.....	34
Early Agility Training and Exploring the Art of the Possible, Part 1 by Nini Bloch	Dec.....	20

Novice and Beyond-A Survival Guide by Sandy Rogers

Course Break Down-USDA A Starters Course	Jan.....	33
Training Efficiently in Class and in Private	Jan.....	30
Training the Contact Obstacles.....	Feb.....	11
Does That Work? -Understanding what you are doing in agility training and why	Mar.....	57
What's in Your Toolbox?- Basic tools needed doing agility.....	Apr.....	62
Trialing Smarts-Skills such as using the course map and course walking.....	May.....	22
It's All About <i>You!</i>	Jun.....	39
Training Insurance and Protecting Your Investment.....	Jul.....	63
Understanding Line Setting	Aug.....	60
Goldilocks and the Three Dogs-exploring dogs that are "too cold" or "too hot"	Sep.....	27
Good Contacts Gone Bad	Oct.....	13
Myths of the Rear Cross, Part 1.....	Nov.....	23
Zen and the Art of the Rear Cross	Dec.....	50

On Course With by Sally Silverman

On Course with Mark Laker.....	Jan.....	25
On Course with Lisa Chwistek.....	Feb.....	44
On Course with Wendy Crawshaw	Mar.....	50
On Course with Laura Hartwick.....	Apr.....	10
On Course with Lisa Petterson	Jun.....	50
On Course with Robert Michalski	Jul.....	35
On Course with Frankie Joiris	Sep.....	41
On Course with Anicka Dusankova	Oct.....	8
On Course with Ileana Nadal.....	Nov.....	26
On Course with Charlene Wiglesworth	Dec.....	41

Power Paws Skills and Drills by Nancy Gyes

Power Paws Skills: How to “Unstick” Your Dog.....	Jan.....	11
Power Paws Drills: Handler Focus	Feb.....	47
Power Paws Drills-box work and tunnels, cueing your dog to turn tight out of tunnels	Mar.....	12
Power Paws Drills: Mostly Meat’N Potatoes Box.....	Apr.....	33
Power Paws Drills-sending to tunnel and cueing the dog to turn the right way	May.....	58
Power Paws Drills-serp, threadle, backside, front cross, lead-out pivot openings	Jun.....	37
Power Paws Drills: Tunnel It.....	Jul.....	43
Power Paws Drills: Double Tunnel Weave	Aug.....	41
Power Paws Drills: Open the Box	Sep.....	49
Power Paws Drills: Find the Entry	Oct.....	11
Power Paws Drills: Serps and Circle	Nov.....	35
Power Paws Drills: Slice’n Dice	Dec.....	13

Puppy Skills for Total Team Performance by Frankie Joiris and Chris Ott

Self-Regulation Skills-teaching impulse control and conditioned relaxation.....	Jan.....	63
The Art of Standing Still	Feb.....	19
Using the Hindquarters and Weave Pole Pre-Training.....	Mar.....	30
All About Tug Toys.....	Apr.....	21
Talking About Toys.....	May.....	14
Thinking Skills	Jun.....	44
Cones, Toys, and Paying Attention	Jul.....	38
Comfortable Contact Performance	Aug.....	57
Learning About Learning	Sep.....	18
Building Focus	Oct.....	22
Exercise	Nov.....	19
Perfecting Performance	Dec.....	63

Sense of Self by Tori Self

Sportsmanship-The Game	Feb.....	8
Sportsmanship-Coach and Player	Mar.....	34
Sportsmanship-Team	Apr.....	30
Sportsmanship-Canine Competitor.....	May.....	50
The Training and Handling Spectrum	Jun.....	26
The Benefits and Drawbacks of Handling Systems.....	Jul.....	55
Breaking from Agility, for Agility	Aug.....	8
Deceleration, Communication through Connection and Engagement.....	Sep.....	36
Mental Game, Part 1-Failure	Oct.....	24
Mental Game, Part 2-Fun and Competition.....	Nov.....	30
Mental Game, Part 3-Smart Training	Dec.....	10

Team Small Dog Agility Humility by Laura Hartwick

Running Dogwalk and the Brain Sickness	Jun.....	32
La Vida Phantasmagoria.....	Jul.....	48
Dabbling in the Dark Arts	Aug.....	17
The Zodiac Manifesto.....	Sep.....	44
Bipartisan Lines in the Turf.....	Oct.....	29
The Beginning of the End, Part 1	Nov.....	8
The Beginning of the End, Part 2	Dec.....	25

Tip Of the Month

Taking a picture to remember awards and save space by Deborah Davidson-Harpur	Jan.....	6
Using a stopwatch to stay focused on your targeted training skill by Amanda Shyne	Feb.....	6
Using wrist weights to remind you to keep your arms lower by Marcy Rauch.....	Mar.....	6
Fast and easy jump idea using Clip-On Single Jump cups by Lisa Potts	Apr.....	6

Idea to make a jump or stick in the ground weave poles by Patricia Pointing	May.....	6
A tip for fixing zippers by Deborah Davidson-Harpur.....	Jun	6
Making a wobble board by Deborah Davidson-Harpur.....	Jul	6
How to quickly slice cheese for treats by Patty O’Bleness	Aug	6
Recycling to make an ice pack for your cooler by Deborah Davidson-Harpur	Sep.....	6
Virtual signing party for championship jump bars by Deborah Davidson-Harpur.....	Oct	6
Idea for a visible target by Clean Run	Nov	6
Check your teeter or tire height without any measuring equipment by Stephen McKay	Dec.....	6

Training Articles by Kathy Lofthouse

Socialization-What Does It Really Mean?	Jan.....	55
Confessions of a Non-Tugger.....	Feb.....	57
The One Little Thing Club and How to Avoid Joining	Mar	11
A Playful Bond of Mutual Trust is the Rock on Which My Training Will Stand	Apr.....	54
Overcoming Negative Experiences and Developing Confidence.....	May.....	45
Overcoming a Fear of Jumps.....	Jun	53
Dialing in on the Same Wavelength as Your Dog.....	Jul	40
Never Underestimate the Power of a Good Role Model	Aug.....	51

Training Articles by Pamela Dennison

Working Multiple Dogs Without Losing Your Mind-Part 1	Apr.....	42
Working Multiple Dogs Without Losing Your Mind-Part 2	May.....	60
The Newest K9 Team Sport to Master: Loose-Leash Walking	Jun	12
Come? Are You Kidding? Part 1.....	Aug	31
Come? Are You Kidding? Part 2.....	Sep.....	15