

# ***Clean Run***

## **2010 (Vol. 16) Annual Index**

### **Backyard Dogs**

|                         |           |   |
|-------------------------|-----------|---|
| By Sharon Freilich..... | Jan.....  | 8 |
| By Stuart Mah.....      | Feb.....  | 8 |
| By Sharon Freilich..... | Mar.....  | 8 |
| By Stuart Mah.....      | Apr.....  | 8 |
| By Sharon Freilich..... | May.....  | 8 |
| By Stuart Mah.....      | Jun.....  | 8 |
| By Sharon Freilich..... | Jul.....  | 8 |
| By Stuart Mah.....      | Aug.....  | 8 |
| By Sharon Freilich..... | Sept..... | 8 |
| By Stuart Mah.....      | Oct.....  | 8 |
| By Sharon Freilich..... | Nov.....  | 8 |
| By Stuart Mah.....      | Dec.....  | 8 |

### **Can You Handle It? By Ann Croft and Marquand Cheek**

|  |          |    |
|--|----------|----|
| 2009 USDAA Southwest Regional Grand Prix.....                  | Jan..... | 41 |
| 2009 FCI World Championships, Medium Team Standard.....        | Feb..... | 69 |
| 2009 USDAA Grand Prix Regional.....                            | Mar..... | 42 |
| 2009 AKC Invitational.....                                     | Apr..... | 27 |
| FCI World Championships, Large Dog Individual.....             | May..... | 62 |
| AKC Invitational, Round 1 JWW.....                             | Jun..... | 70 |
| FCI World Championships, Large Dog Individual Jumping.....     | Jul..... | 58 |
| Challengers Round, 2010 AKC National Agility Championship..... | Aug..... | 44 |
| AKC International Sweepstakes Class.....                       | Oct..... | 65 |
| European Open.....   | Dec..... | 42 |

### **Challenges at CR Central by Annie Pyle**

|   |          |    |
|---|----------|----|
| Masters-level exercises for a 50' x 100' free-span space..... | Feb..... | 18 |
| Masters-level exercises for a 50' x 100' free-span space..... | May..... | 19 |
| Masters-level exercises for a 50' x 100' free-span space..... | Jun..... | 62 |
| Masters-level exercises for a 50' x 100' free-span space..... | Aug..... | 34 |
| Masters-level exercises for a 50' x 100' free-span space..... | Oct..... | 43 |
| Masters-level exercises for a 50' x 100' free-span space..... | Dec..... | 24 |

### **Dealing with Aggression in the Performance Dog by Pamela S. Dennison**

|   |          |    |
|---|----------|----|
| You Know Your Dog Is Aggressive, If...Part 1..... | Nov..... | 20 |
| You Know Your Dog Is Aggressive, If...Part 2..... | Dec..... | 28 |

## **Dog and Handler Health**

|   |           |    |
|---|-----------|----|
| A-frame Contact Behaviors and Joint Stress by D. Gross Saunders, DPT.....             | Jan.....  | 22 |
| Vaccine Issues and Vaccinations by J. Dodds DVM & R. Schultz PhD.....                 | Feb.....  | 58 |
| Management of OA in Performance Dogs by Peter Lotsikas, DVM.....                      | Feb.....  | 11 |
| You Do <i>What?</i> Canine Massage by Natalie Winter.....                             | Mar.....  | 11 |
| Preventing Reinjury after Soft-tissue Injuries by DVMs Zink/Canapp.....               | Mar.....  | 68 |
| Congenital Conditions: Patellar Luxation by DVMs Lotsikas & Lotsikas.....             | Apr.....  | 31 |
| What You Need to Know about Kennel Cough by Julie Roos, DVM.....                      | May.....  | 25 |
| What is Early Takeoff Syndrome? by Linda Mecklenburg.....                             | May.....  | 54 |
| Platlet-rich Plasma: Future of Ligament and Tendon Care? by DVMs Lotsikas/Brown.....  | Jun.....  | 58 |
| Evaluating a Dog's Structure for Agility by Debbie Gross Saunders, DPT.....           | Jul.....  | 12 |
| Managing Gastrointestinal Upset in Your Canine Athlete by Julie Roos, DVM.....        | Jul.....  | 78 |
| A Practical Guide to Getting on the Ball by Debbie Gross Sanders, DPT.....            | Aug.....  | 63 |
| Canine Gait Patterns by Debbie Gross Sanders, DPT.....                                | Sept..... | 48 |
| Winning Warm-ups by Diane Goodspeed & Petra Ford, PT, CCRT.....                       | Oct.....  | 12 |
| A Review of Canine Cruciate Disease, Part 1 by DVMs Lotsikas, P. & F., & L. Fair..... | Oct.....  | 69 |
| A Review of Canine Cruciate Disease, Part 2 by DVMs Lotsikas, P. & F., & L. Fair..... | Nov.....  | 31 |
| Hip Dysplasia in Puppies by Felix Duerr, DVM.....                                     | Dec.....  | 48 |

## **Editorializing**

|  |           |   |
|--|-----------|---|
| USDAA Weave Pole Spacing by Sue Fregien.....                   | Jan.....  | 5 |
| It's Time by Rick Parry.....                                   | Feb.....  | 5 |
| Math, Cooking, and Agility by Kathy Lofthouse.....             | Mar.....  | 5 |
| Benefits of Joining an Agility Club by Cindy Wilmoth.....      | Apr.....  | 5 |
| I Want It Now! by Nancy Walker.....                            | May.....  | 5 |
| The Honeymoon Is Over by Jim Mihalek.....                      | Jun.....  | 5 |
| I Have Fun with My Dog... Really by Kristine Gunter.....       | Jul.....  | 5 |
| For the Love of My Dog by Reggie Snell.....                    | Aug.....  | 5 |
| And I Fought It for So Long by Marilyn Pinard.....             | Sept..... | 5 |
| Has Agility Gone the Way of Obedience? by Kristine Gunter..... | Oct.....  | 5 |
| We Just Do This for Fun by Julie Lawler-Hoyle.....             | Nov.....  | 5 |
| More Roads by Carole Lynn Evans.....                           | Dec.....  | 5 |

## **Everything You Always Wanted to Know About Dog Agility But Were Afraid to Ask!**

|  |           |   |
|--|-----------|---|
| Approval of course designs in various venues.....  | Jan.....  | 7 |
| NADAC's course design and rule changes.....  | Feb.....  | 7 |
| Weave pole spacing and DOCNA Nationals in two locations.....                             | Mar.....  | 7 |
| What happens if a handler knocks down a jump (by venue).....                             | Apr.....  | 7 |
| AKC allows mixed breeds; tournament classes in USDAA.....                                | May.....  | 7 |
| Paths to becoming a professional dog trainer.....  | Jun.....  | 7 |
| Using posted course time and yardage to plan a run.....                                  | Jul.....  | 7 |
| Letting judges know about local course conditions; definition of ISC classes in AKC..... | Aug.....  | 7 |
| Disqualification if obstacle marker touched by handler.....                              | Sept..... | 7 |
| AKC rule changes; what CMJ means.....  | Oct.....  | 7 |
| Explanation of USDAA rule changes.....   | Nov.....  | 7 |
| Qualifying for Cynosport 2011; UKI agility.....  | Dec.....  | 7 |

## **Foundation Fundamentals by Moe Strenfel**

|   |          |    |
|---|----------|----|
| Teeter Preparation Exercises and Games..... | Jan..... | 33 |
| Shaping for Beginners.....                  | Jul..... | 52 |

## Games & Course Strategy

|  |           |    |
|--|-----------|----|
| The Strategy of Colors: Orange You Glad You Walked Both Courses by Jeff Boyer..... | Apr.....  | 71 |
| FullHouse Strategy: Pick a Card, Any Card by Jeff Boyer .....                      | May.....  | 72 |
| Wildcard Strategy: Decisions, Decisions by Jeff Boyer.....                         | Jun.....  | 20 |
| Formulating a Strategy for Gamblers or Jackpot by Ann Croft .....                  | Jul ..... | 19 |

## It's Your Turn! by Sandy Rogers

|  |           |    |
|--|-----------|----|
| Training and Perfecting Turn Cues .....          | Jan.....  | 78 |
| Cue #1: Lack of Motion .....                     | Feb.....  | 22 |
| Cue #2: The Pull.....                            | Mar.....  | 24 |
| Cue #3: The Front Cross, Part 1 .....            | Apr.....  | 67 |
| Cue #3: The Front Cross, Part 2 .....            | May.....  | 66 |
| Cue #4: The Rear Cross, Part 1 .....             | Jun.....  | 32 |
| Cue #4: The Rear Cross, Part 2 .....             | Jul ..... | 28 |
| Cue #5: The Push-through.....                    | Aug.....  | 70 |
| Cue #6: Lateral Motion .....                     | Sept..... | 38 |
| Cue #7: Verbal Left and Right Cues, Part 1 ..... | Oct ..... | 37 |
| Cue #7: Verbal Left and Right Cues, Part 2 ..... | Nov ..... | 38 |

## Miscellaneous

|  |           |    |
|--|-----------|----|
| Choosing a Video Camera for Agility by Anne Popper .....                           | Jan.....  | 17 |
| Turning Agility Goals into Reality by JoAnna Lou .....                             | Jan.....  | 44 |
| In Cider: Why My Dog Didn't Q by Bill Gates .....                                  | Jan.....  | 69 |
| National Velvet at the AKC Invitational by Karen Schelling .....                   | Jan.....  | 73 |
| Tips and Tricks for Videotaping Agility by Anne Popper .....                       | Feb.....  | 32 |
| Agility Equipment Unwrapped, Part 1 by Gary Shipley .....                          | Feb.....  | 36 |
| Agility Equipment Unwrapped, Part 2 by Gary Shipley .....                          | Mar ..... | 36 |
| Finding Your Lost Dog by Katie Trachte & Julie Rigby .....                         | Mar ..... | 75 |
| Here Comes the Sun: Protection and Safety Tips by Sally Silverman .....            | May.....  | 12 |
| And Let That Be a Lesson by Judy Sutton .....                                      | Jun.....  | 39 |
| Lights, Action, Video! Using Video to Analyze Your Agility Runs by Kip Kirby ..... | Jun.....  | 65 |
| The First Time by Dana McNeely .....   | Jul ..... | 63 |
| The Surrogate Agility Dog by Deanna Adams.....                                     | Aug.....  | 47 |
| Cancer Dogs Can Do by Amy Sanderson .....  | Sept..... | 32 |
| Making Connections at Your First Agility Trials by Susan Klavon.....               | Sept..... | 78 |
| Building the Agility Dream by Micky Jerome & David Bailey .....                    | Oct ..... | 48 |
| Dealing with those Confounding Conflicts by Brenna Fender.....                     | Nov ..... | 79 |
| Married to Agility by Brenna Fender .....  | Dec.....  | 77 |

## My Favorite Course

|                         |          |    |
|-------------------------|----------|----|
| By Daniel McDonald..... | Jan..... | 81 |
|-------------------------|----------|----|

## NADAC Games & Course Strategy by Andrea Dexter

|   |           |    |
|---|-----------|----|
| 10 Tips for NADAC Success, Part 1 .....               | Feb.....  | 64 |
| 10 Tips for NADAC Success, Part 2 .....               | Mar ..... | 53 |
| Technical Skills Can Help in NADAC or Any Venue ..... | Apr.....  | 76 |
| Using Real Estate Wisely .....                        | May.....  | 35 |
| Tips for NADAC Weavers & Weave Pole Training .....    | Aug.....  | 51 |
| NADAC Hoopers Strategy and Tips .....                 | Sept..... | 70 |
| NADAC Touch N Go Strategy and Tips.....               | Nov ..... | 57 |

### **Nested Courses for a Small Universe by Debbie Sacerich**

|  |          |    |
|--|----------|----|
| Courses to fit in small spaces for all levels..... | Jan..... | 59 |
| Courses to fit in small spaces for all levels..... | Feb..... | 77 |
| Courses to fit in small spaces for all levels..... | Mar..... | 61 |
| Courses to fit in small spaces for all levels..... | Apr..... | 37 |
| Courses to fit in small spaces for all levels..... | Jun..... | 79 |
| Courses to fit in small spaces for all levels..... | Jul..... | 73 |
| Courses to fit in small spaces for all levels..... | Aug..... | 81 |
| Courses to fit in small spaces for all levels..... | Oct..... | 73 |
| Courses to fit in small spaces for all levels..... | Nov..... | 43 |
| Courses to fit in small spaces for all levels..... | Dec..... | 74 |

### **Power Paws Drills & Skill Sets by Nancy Gyes**

|                               |           |    |
|-------------------------------|-----------|----|
| European Style.....           | Jan.....  | 53 |
| Lead-outs.....                | Mar.....  | 31 |
| Threadle the Needle.....      | Jul.....  | 48 |
| Consistency Drill.....        | Sept..... | 18 |
| Short Courses and Drills..... | Nov.....  | 45 |

### **Pup Psych 101 by Dara Tarolli**

|   |           |    |
|---|-----------|----|
| Reinforcement Revisited.....            | Aug.....  | 56 |
| Did I Really Train You To Do That?..... | Sept..... | 62 |
| Hey Mom, Where's My Cookie?.....        | Oct.....  | 76 |
| Secondary Reinforcement in Agility..... | Nov.....  | 73 |

### **Shelter Champs by Lisa Barrett**

|   |           |    |
|---|-----------|----|
| Ollie, a mixed-breed dog.....               | Jan.....  | 48 |
| Maggie, a mixed-breed dog.....              | Mar.....  | 72 |
| Tess, a Springer Spaniel.....               | May.....  | 77 |
| Led Zeppelin, a mixed breed.....            | Jul.....  | 60 |
| Zip, a Jack Russell Terrier.....            | Sept..... | 44 |
| Hailey McBean, a Catahoula Leopard Dog..... | Nov.....  | 63 |

### **Skill of the Month by Karen Holik**

|   |          |    |
|---|----------|----|
| Consistent cues from the handler.....       | Feb..... | 73 |
| Exercises for the table and start line..... | Apr..... | 63 |
| Exercises that focus on boxes.....          | Aug..... | 67 |
| Common sequences seen at trials.....        | Oct..... | 55 |
| Distance work.....                          | Dec..... | 58 |

### **Strategic Analysis & Planning for the Agility Season by Steve Croxford**

|  |           |    |
|--|-----------|----|
| A Complete Approach to Agility Training and Handling.....                            | Feb.....  | 46 |
| Performance Analysis: Current Performance & Developing a Plan.....                   | Mar.....  | 17 |
| Building Your Plan: Developing Performance Goals, Part 1.....                        | Apr.....  | 40 |
| Building Your Plan: Developing Performance Goals, Part 2.....                        | May.....  | 42 |
| Coaching and Technical Skills Development: Relationship, Instructing & Coaching..... | Jun.....  | 73 |
| Competition Preparation: It's All in the Mind, Part 1.....                           | Jul.....  | 32 |
| Competition Preparation: It's All in the Mind, Part 2.....                           | Aug.....  | 30 |
| Visual and Spatial Awareness.....  | Sept..... | 56 |
| Coaching International Teams: Helping Teams Achieve Their Objectives.....            | Oct.....  | 59 |

### Tip of the Month

|   |           |   |
|---|-----------|---|
| Mark where to do a front cross after the tunnel, using a poker chip .....       | Jan.....  | 6 |
| Storing course maps .....   | Feb.....  | 6 |
| Ironing wrinkled ribbons and rosettes .....                                     | Mar.....  | 6 |
| Be a list maker .....   | Apr.....  | 6 |
| Practice measuring the dog with a coat hanger .....                             | May.....  | 6 |
| Multiple hoops for contact training .....                                       | Jun.....  | 6 |
| Keeping personal toiletries useable at a trial .....                            | Jul.....  | 6 |
| Using photos of your agility dog for other purposes .....                       | Aug.....  | 6 |
| Keeping a target handy .....  | Sept..... | 6 |
| Jump-strip numbers .....  | Oct.....  | 6 |
| Lapel pins display .....  | Nov.....  | 6 |
| Three short-term quick fixes to help get you out of trouble when training ..... | Dec.....  | 6 |

### Train to Maintain by Mary Ellen Barry

|                                  |           |    |
|----------------------------------|-----------|----|
| Releases .....                   | Apr.....  | 56 |
| The Dogwalk .....                | May.....  | 16 |
| Tunnel Discriminations .....     | Jun.....  | 54 |
| Weave Exits.....                 | Jul.....  | 23 |
| The Table.....                   | Aug.....  | 19 |
| Straight Tunnels and Chutes..... | Sept..... | 75 |
| The Teeter.....                  | Oct.....  | 27 |
| The Long Jump.....               | Nov.....  | 27 |
| Weave Entrances .....            | Dec.....  | 34 |

### Training

|   |           |    |
|---|-----------|----|
| Tuning Up Your Dog's Jumping for Trials by Susan Salo .....                                   | Jan.....  | 13 |
| How to Ruin a Great Training Tool in 2 Easy Steps by Nancy Gyes.....                          | Jan.....  | 29 |
| Gaits, Leads, Horses, Dogs, and Misunderstandings by K. Eaton, DVM.....                       | Jan.....  | 66 |
| Group Classes vs. Private Instruction by Nancy Gyes .....                                     | Feb.....  | 28 |
| A Strategic Approach to FAST by Ann Croft .....   | Feb.....  | 41 |
| Unintentional Training Lessons by Marie Hansson .....   | Mar.....  | 58 |
| Let's Play! Teach Your Dog to Love Toys, Part 1 by H. Fairweather .....                       | Mar.....  | 63 |
| Applying Goundwork Principles to "Real" Agility by Nancy Gyes .....                           | Apr.....  | 11 |
| Salo Jumping Work: The FAQs by Susan Salo.....  | Apr.....  | 22 |
| Let's Play! Teach Your Dog to Love Toys, Part 2 by H. Fairweather .....                       | Apr.....  | 51 |
| Let's Play! Teach Your Dog to Love Toys, Part 3 by H. Fairweather .....                       | May.....  | 47 |
| Training for Independent Contact Performance by Andrea Dexter.....                            | Jun.....  | 12 |
| Understanding and Training Lead-out Pivots by Nancy Gyes .....                                | Jun.....  | 24 |
| AKC Course Design, Understanding the Options by Gail Storm.....                               | Jul.....  | 44 |
| Training Solutions for Weave Problems by Rachel Sanders.....                                  | Jul.....  | 66 |
| The Other End of the Teeter: A Journey to Success by Kathy Matejka.....                       | Jul.....  | 75 |
| Deciding When to Take a Break from Trialing to Retrain by Nancy Gyes.....                     | Aug.....  | 38 |
| Start Lines: from Chaos to Confidence by Debbie Sacerich .....                                | Sept..... | 12 |
| How to Train the Long Jump by Mary Ellen Barry.....   | Nov.....  | 12 |
| 2 x 2s Aren't Just for the Backyard: Using the 2x2 Method in Group Classes by T.Sklenar ..... | Nov.....  | 67 |
| Use an Agility Trial Journal to Get the Most from Every Run by Susan Klavon .....             | Dec.....  | 20 |
| Get with the Plan: Developing Training Plans for Students by T. Sklenar .....                 | Dec.....  | 52 |
| Centered Dog Agility: Applying S. Swift's Centered Riding to Dog Agility by K. Miller .....   | Dec.....  | 67 |

### Tricks for Agility by Sassie Joiris

|   |          |    |
|---|----------|----|
| Balancing on Boxes.....                     | Feb..... | 80 |
| Figure Eight and Weaving Through Legs ..... | Aug..... | 76 |

**What's My Plan? by Greg Derrett, Rachel Sanders, & Jane Simmons-Moake**

|  |           |    |
|--|-----------|----|
| USDAA Masters/PIII Jumpers course..... | Feb ..... | 51 |
| AKC Excellent Standard course.....     | Apr.....  | 45 |
| UKA Champion Jumpers course.....       | Jun.....  | 44 |
| USDAA Masters/PIII course.....         | Aug.....  | 10 |
| USDAA Triathlon Finals course.....     | Oct.....  | 18 |
| AKC Excellent Standard course.....     | Dec.....  | 12 |

**When Pigs Fly by Jane Killion**

|   |           |    |
|---|-----------|----|
| Consequences, Schmonsequences: Understanding Reinforcers & Punishers..... | Jan.....  | 60 |
| The Release: You Can't Stop If You Haven't Started.....                   | Mar.....  | 45 |
| The Start Line Is the First Obstacle, Part 1.....                         | May.....  | 30 |
| The Start Line Is the First Obstacle, Part 2.....                         | Jul.....  | 38 |
| The Perfect Table, Part 1.....  | Sept..... | 24 |
| The Perfect Table, Part 2.....  | Nov.....  | 50 |

**Work that Line! by Kristy Netzer**

|  |           |    |
|--|-----------|----|
| Basic Training for Distance Classes..... | Aug.....  | 24 |
| The Send.....                            | Sept..... | 66 |
| The Recall.....                          | Oct.....  | 80 |
| Lateral Distance.....                    | Nov.....  | 76 |
| The Redirect.....                        | Dec.....  | 62 |