

# Leap Year

By Kathy Keats, The Agility Coach

These fun challenges will keep you jumping. They require lots of technical skills at a fast pace, and in a couple of exercises you will see a dotted line for practicing distance/gamble work if you choose. The straight tunnel adds some speed and tests how well your dog reads turns and sends out of tunnels, and also tests how well you judge your ability to get places. The weave poles are at enough of an angle that the speed of the approaches will test your dog's ability to collect to get into the poles.

You can substitute a different obstacle for the tunnel or the weave poles if there is another obstacle you'd prefer to work on.

Have fun!

The Agility Coach



MOJO  
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**WINNING  
PERFORMANCE**  
*...in any dog sport!*

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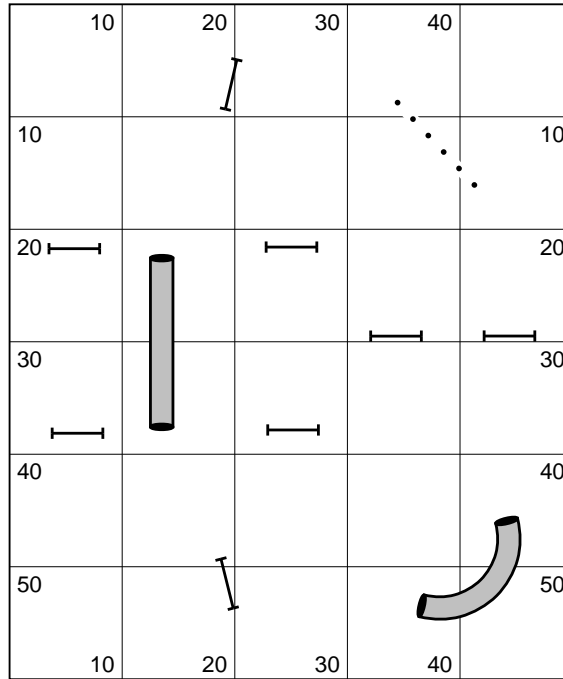
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*"Kathy's seminar was enlightening, motivational, and inspirational. It went so much deeper than anticipated and she has pushed me to become a stronger competitor."*  
*- Anji Atkinson*

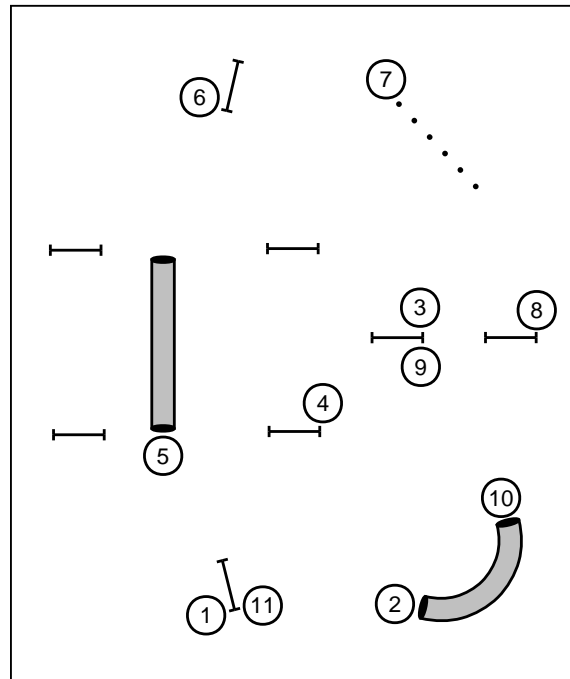
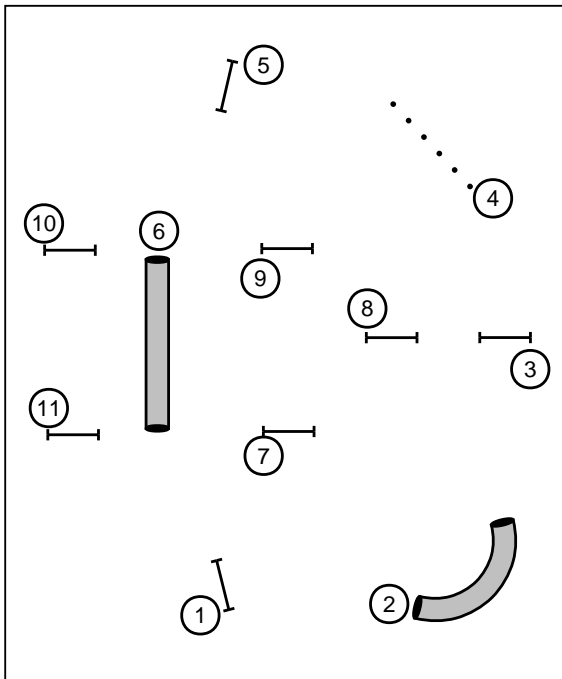
- Run with more confidence
- Deal with ring nerves
- Have more focus & more fun!
- ...and much more!

**[www.theagilitycoach.com](http://www.theagilitycoach.com)**

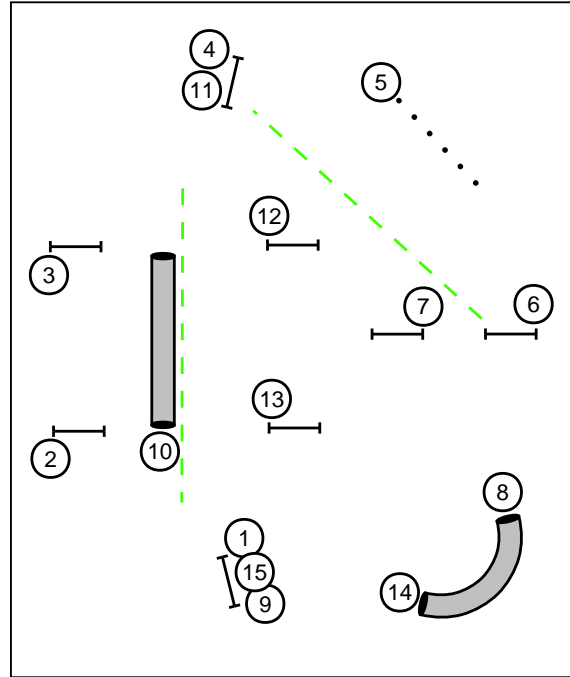
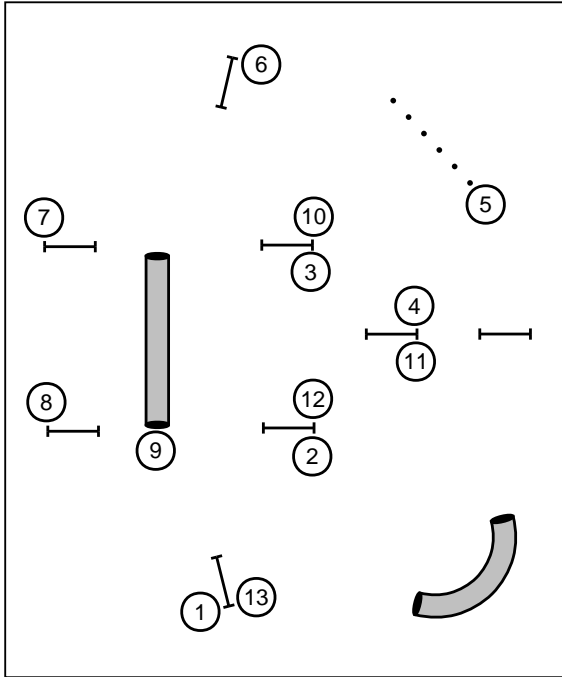
# Setup



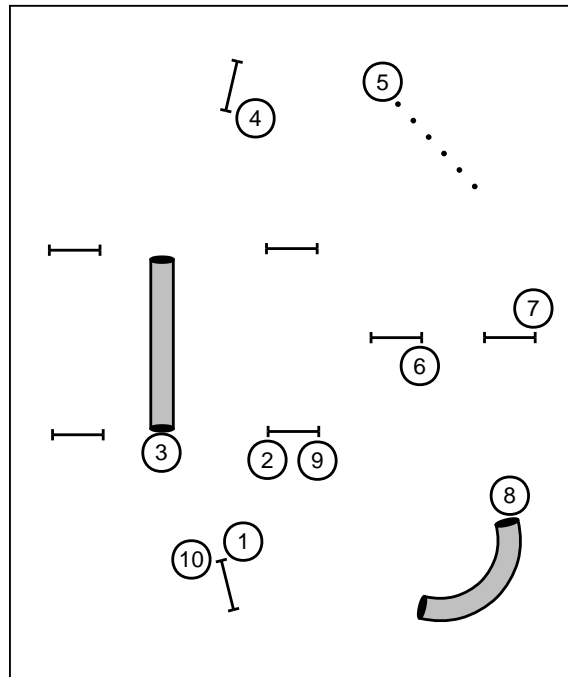
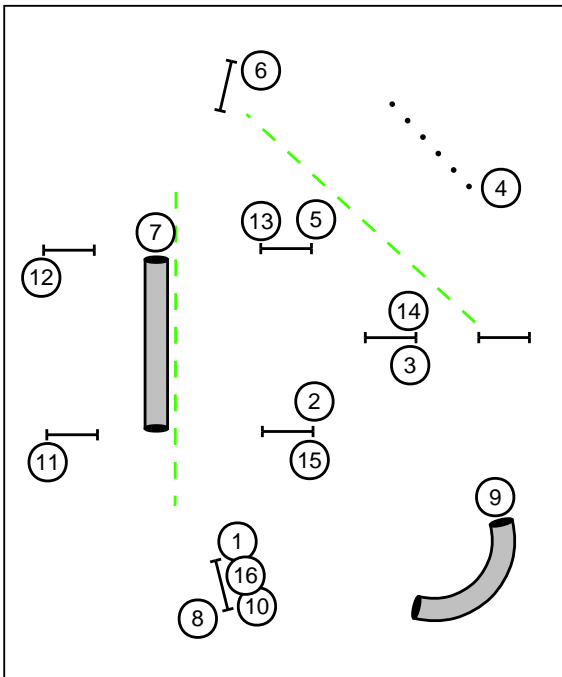
# Exercises 1 & 2



**Exercises 3 & 4**



**Exercises 5 & 6**



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