

Made Ya Blink!

By Kathy Keats, The Agility Coach

This month features some tricky little sequences that you'll see a couple of times in the various drills, but from different angles of approach and with different speeds of approach. Even though the challenge is similar, the angle and speed of approach can really change the level of difficulty of a particular challenge, and it is important to recognize how those differences impact your dog. Pay attention to how things change based on the angle of approach, the speed, and if your ability to get to position was affected.

Remember, anytime the course turns back on itself there may be the possibility of turning both left and right at a particular jump, as well as handling from both the landing or takeoff side.

Feel free to add a bit more spacing and wing jumps if you have the space, the equipment, or you are working a bigger dog. If you don't have enough space or equipment, you can break the drills down into smaller sections.

Have fun!

Want more of these types of challenges? Sign up for my four weeks of World Level Challenges at www.theagilitycoach.ca and join me on Facebook at www.facebook.com/theagilitycoach!

If you find your timing on these drills needs work, follow my new series in *Clean Run* magazine, "Secrets to Perfect Timing," or sign up for my new Secrets to Perfect Timing course, which has just been released at theagilitycoach.ca/perfect-timing!

Enjoy!



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"Kathy's seminar was enlightening, motivational, and inspirational. It went so much deeper than anticipated and she has pushed me to become a stronger competitor."
- Anji Atkinson

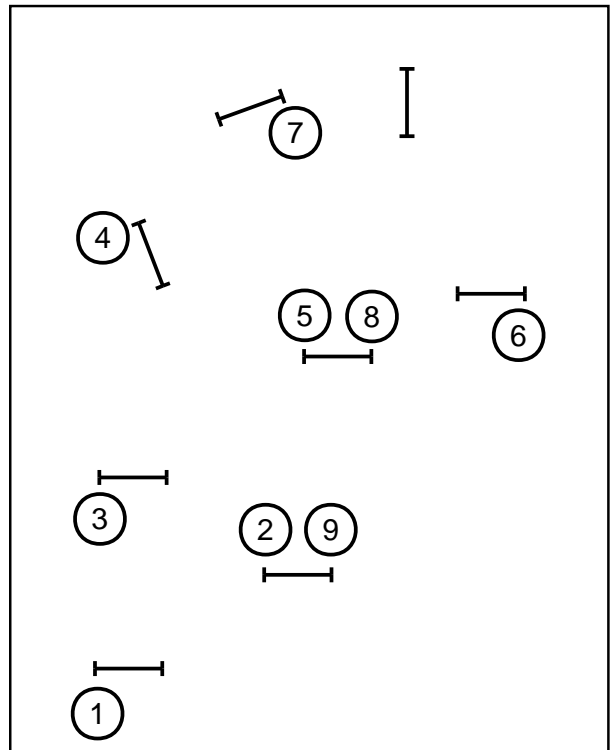
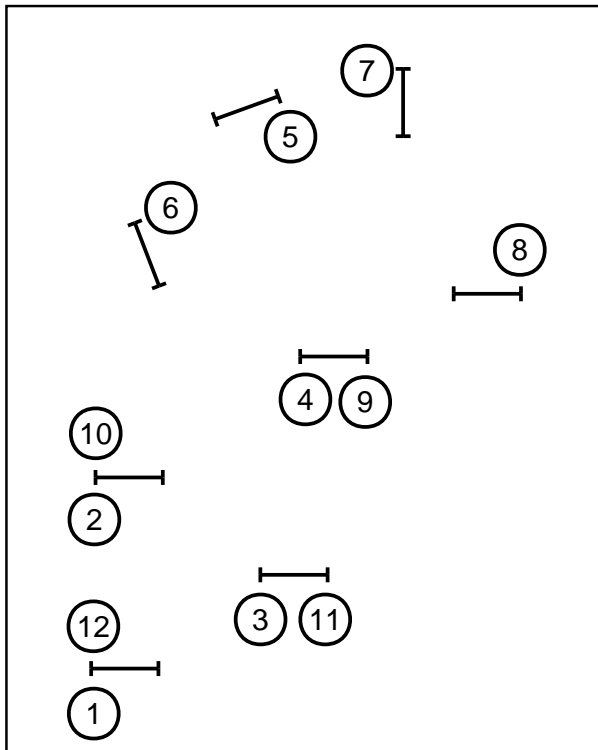
- Run with more confidence
- Deal with ring nerves
- Have more focus & more fun!
- ...and much more!

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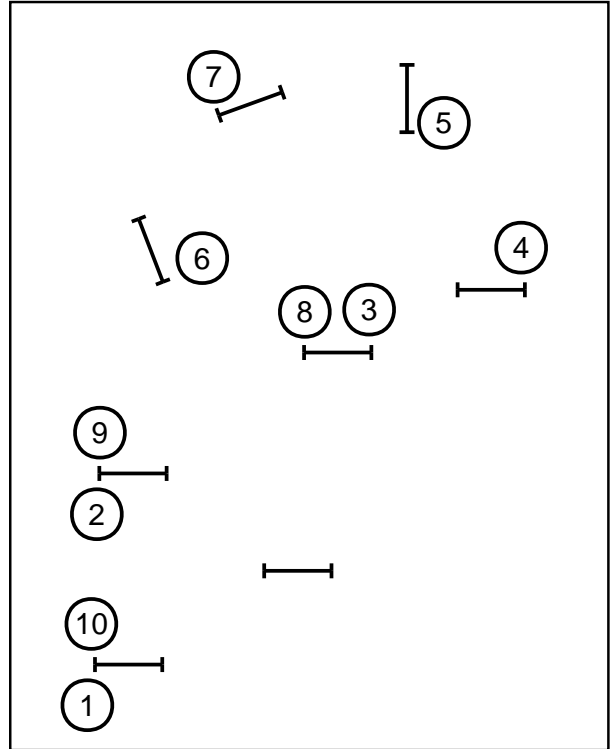
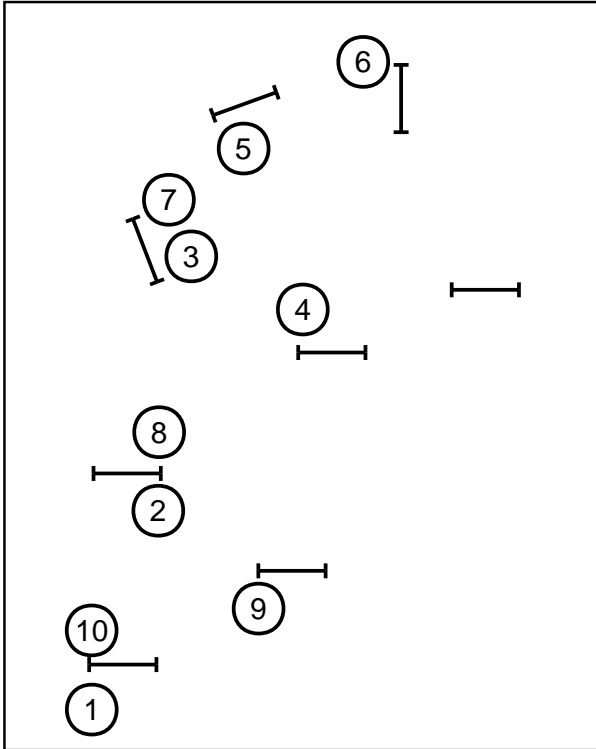
Setup

	10	20	30	
10				10
20				20
30				30
40				40
	10	20	30	

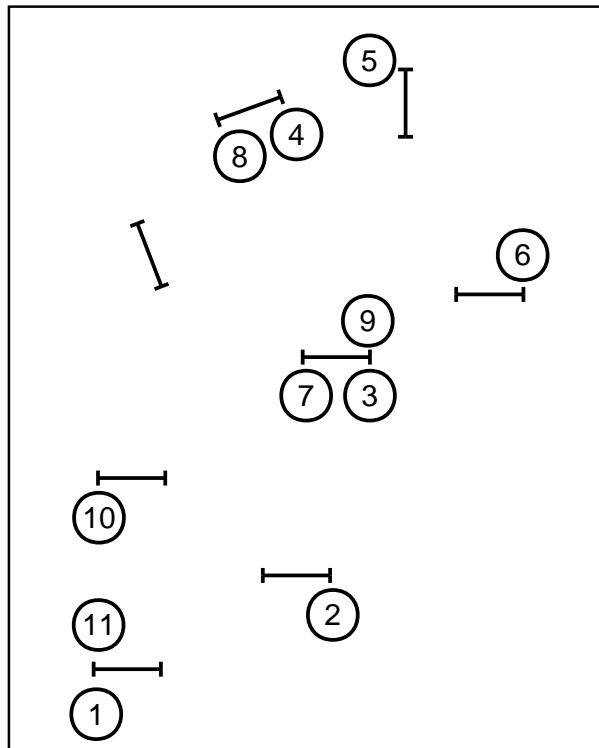
Exercises 1 & 2



Exercises 3 & 4

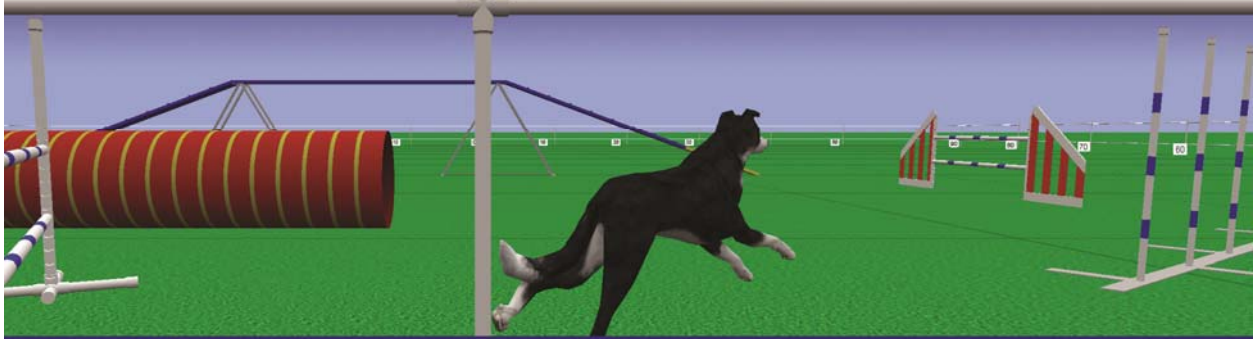


Exercise 5



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