

Agility Blossoms

By Kathy Keats, The Agility Coach

Getting your dog to blossom in agility requires continually tweaking your skills, balancing your training, and making sure your dog gets enough rest as well as work.

These drills go back to foundation skills such as 270s, 180s, wraps, pull-throughs, and straight-on approaches to balance the number of push-behinds that are being trained. It also focuses on skills as opposed to course work.

Keep the exercises fun and fast and don't do a lot of repetitions which may bore your dog. Start the drills a variety of ways; sometimes you can lead out leaving your dog in a stay, and other times you can run with him to keep it interesting and to test how you might handle the drill if the sequence came up in the middle of a course.

You can find more variations of this exercise at www.theagilitycoach.ca under Free Downloads.

Have fun!



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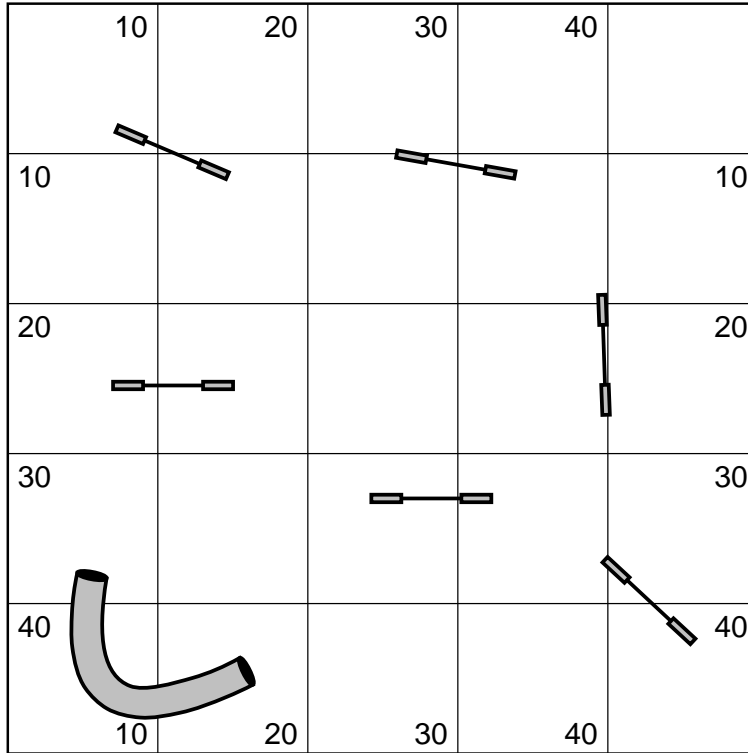
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- Anji Atkinson

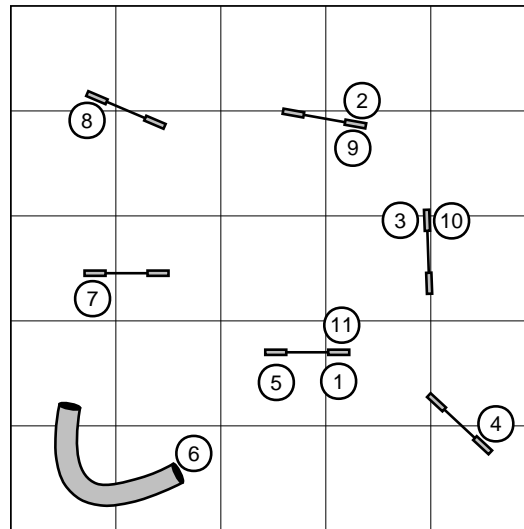
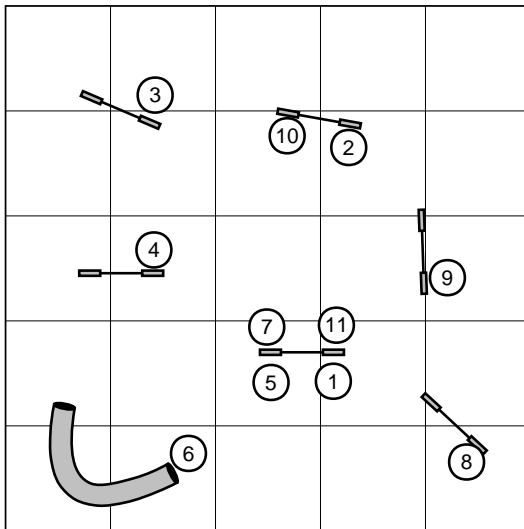
- Run with more confidence
- Deal with ring nerves
- Have more focus & more fun!
- ...and much more!

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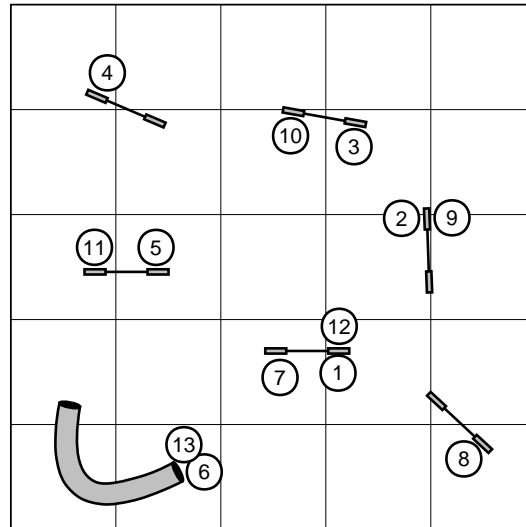
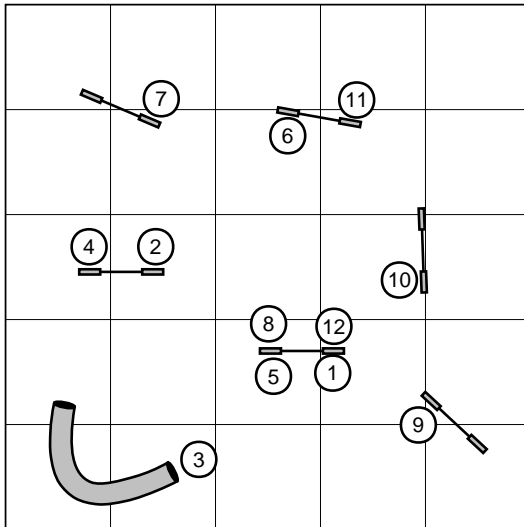
Setup



Exercises 1 & 2



Exercises 3 & 4



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