

Marching On...

By Kathy Keats, The Agility Coach

This drill is easy to set up and works on many current European challenges. There are wraps, pull-throughs, 270s, slipping between obstacles, and so on. Several drills are also set up to work the same skill from a lead-out and then again in motion in the middle of the exercise. Try to handle each exercise a couple of different ways.

Fundamentals are the key to good performance so knowing you own each of these skills goes a long way toward building your confidence!

If you would like more challenges like these, make sure to go to my website at www.theagilitycoach.ca and sign up for the newsletter!

Have fun!



MOJO
IFCS World Overall Champion 22"

The secret to...
**WINNING
PERFORMANCE**
...in any dog sport!

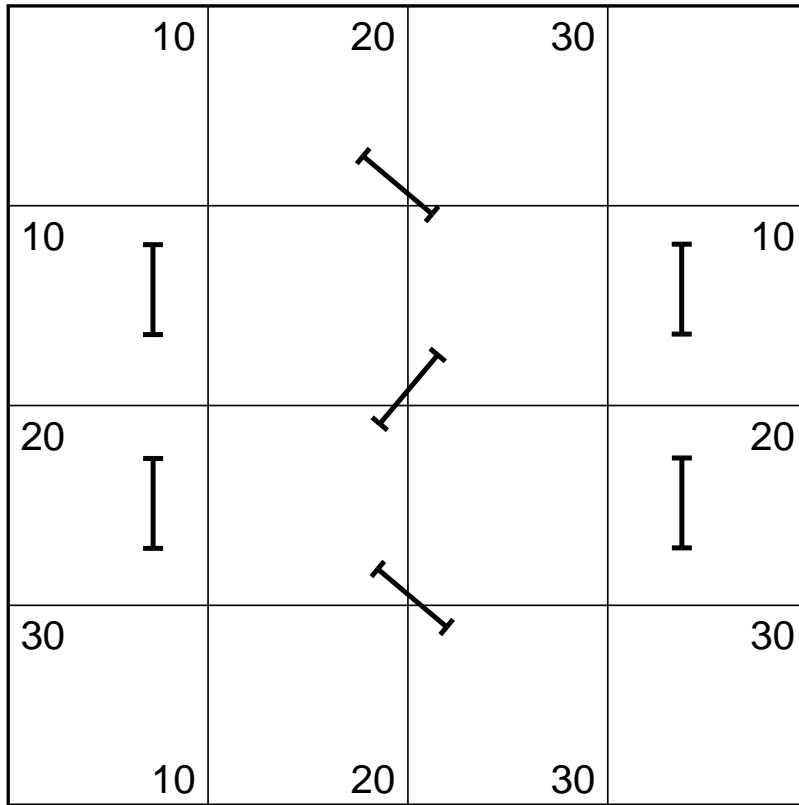
SUCCESS FROM THE INSIDE SEMINAR
with
KATHY KEATS

"Kathy's seminar was enlightening, motivational, and inspirational. It went so much deeper than anticipated and she has pushed me to become a stronger competitor."
- Anji Atkinson

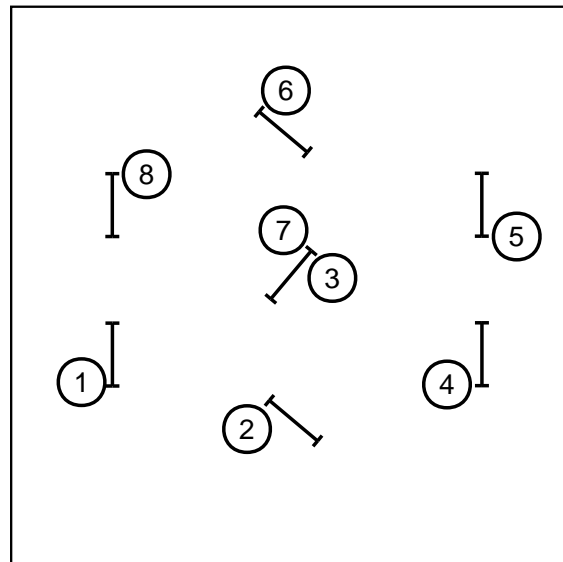
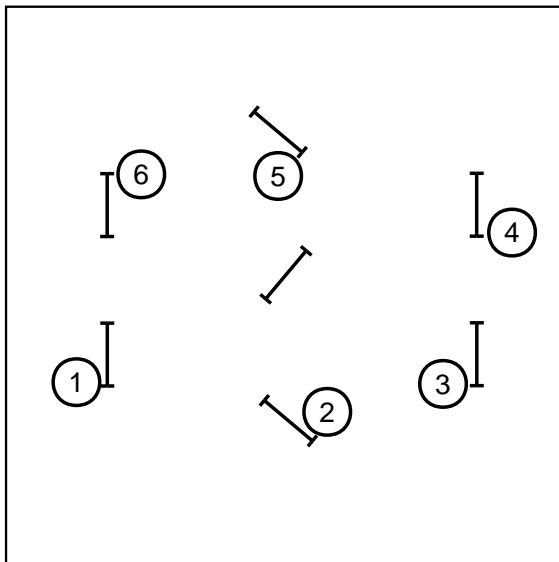
- Run with more confidence
- Deal with ring nerves
- Have more focus & more fun!
- ...and much more!

www.theagilitycoach.com

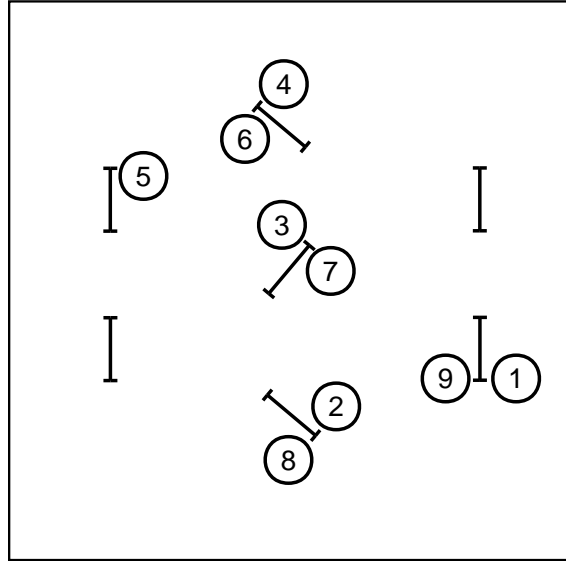
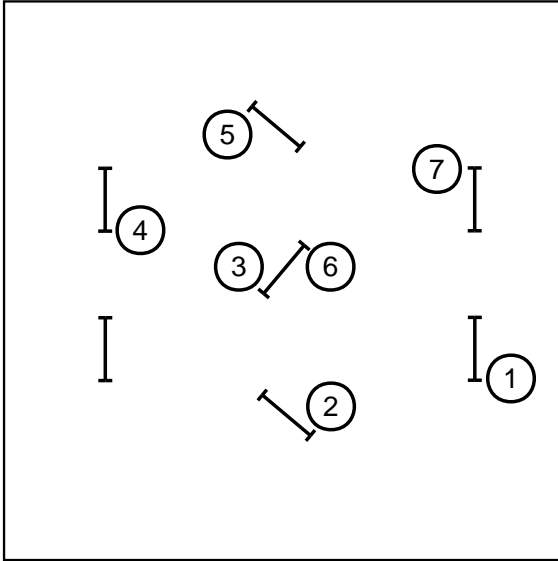
Setup



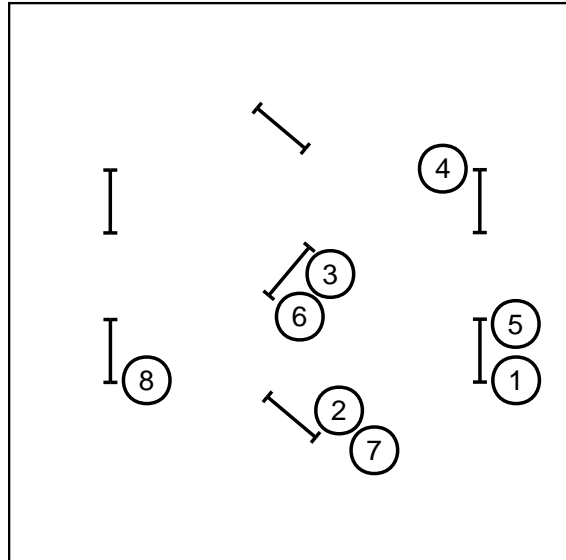
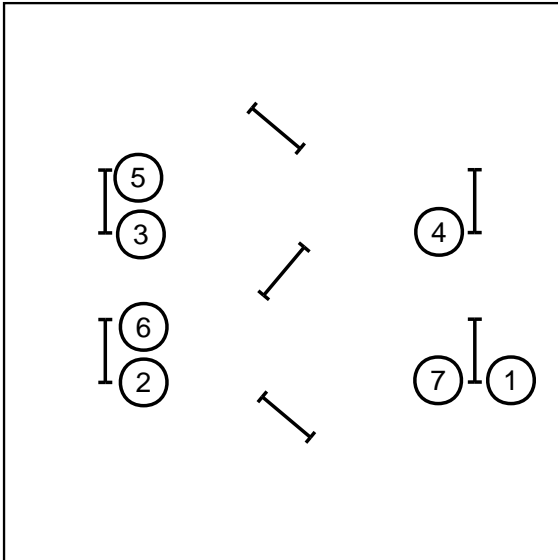
Exercises 1 & 2



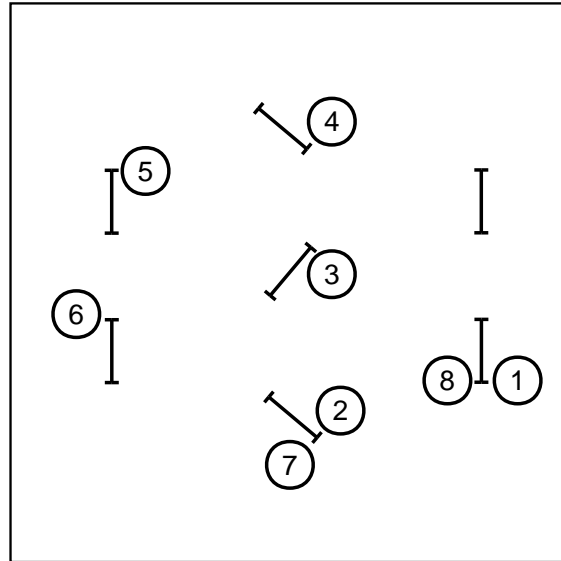
Exercises 3 & 4



Exercises 5 & 6



Exercise 7



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The advertisement features a black and white dog running through an agility course on a green field. The course includes a red and yellow striped barrel, a jump, and several weave poles. The background is a clear blue sky.