

Giving Thanks for FUNdamentals

By Kathy Keats, The Agility Coach

This drill is based on the opening sequence of the Large Individual Jumping course from the 2013 FCI Agility World Championships. If you look carefully, you can see that it is really just a double box that is skewed to be more challenging. Most of the time we ignore fundamental drills, or don't bother to just make them more difficult, before we throw our dogs into the deep end of tricky sequences.

This takes the initial setup and creates all sorts of interesting challenges—world-class stuff that fits in your backyard! I have done the set with wingless jumps to help you fit it into a smaller space, but if you have winged jumps, use those to replicate the spacing and challenges better.

Want more of these types of challenges? Sign up for four weeks of World Level Challenges at www.theagilitycoach.ca and join me on Facebook at www.facebook.com/theagilitycoach!

If you find your timing on these drills needs work, follow my new series in *Clean Run* magazine, "Secrets to Perfect Timing." My new Secrets to Perfect Timing course will be released soon at theagilitycoach.ca!

Enjoy!



MOJO
IFCS World Overall Champion 22"

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**WINNING
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"Kathy's seminar was enlightening, motivational, and inspirational. It went so much deeper than anticipated and she has pushed me to become a stronger competitor."
- Anji Atkinson

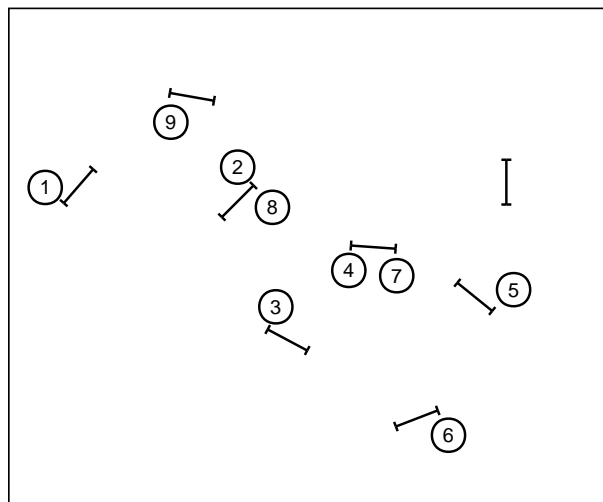
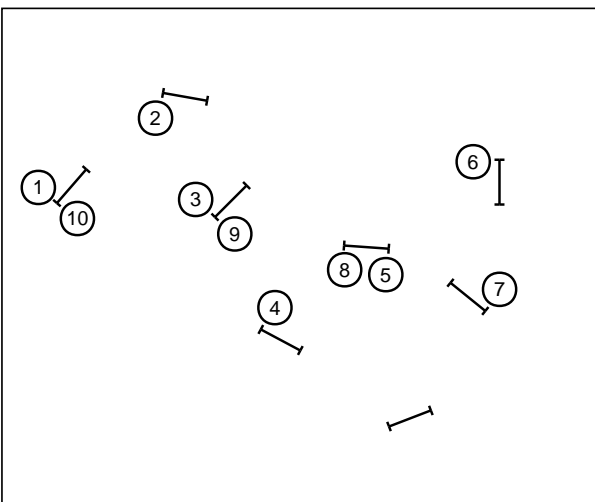
- Run with more confidence
- Deal with ring nerves
- Have more focus & more fun!
- ...and much more!

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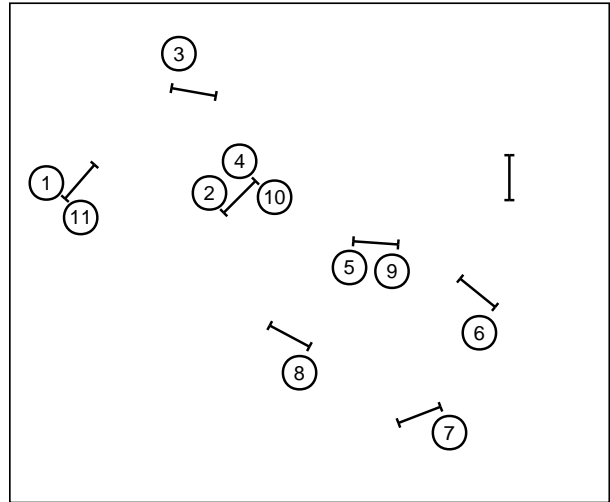
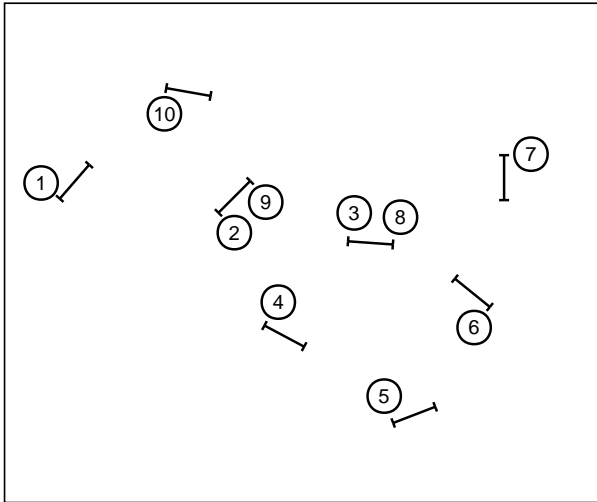
Setup

	10	20	30	40	50	
10						10
20						20
30						30
40						40
	10	20	30	40	50	

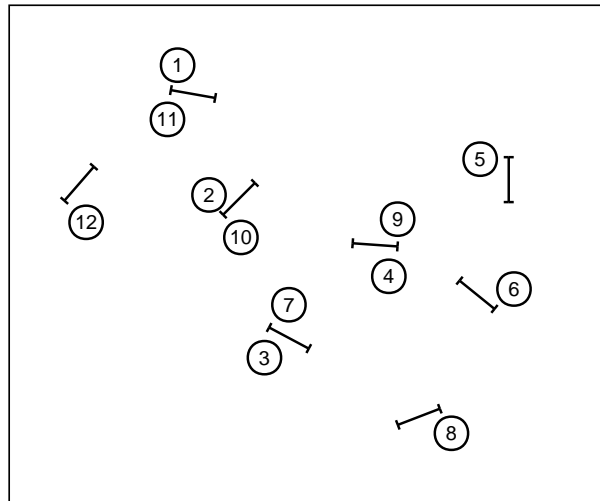
Exercises 1 & 2



Exercises 3 & 4



Exercise 5



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