

B.A.M. Pre-Agility Foundation Training Syllabus

by Sandy Rogers

Lesson 1

- Moving with Engagement (M.E.): Getting Started with Heelwork (includes working on both sides of the handler, pull turn cue, front cross turn cue)
- Advanced Options for M.E. Work: Pull Turn & Front Cross Footwork
- Anchor: Initial Training of the Rin Tin Tin Pose
- Bonus video: How to Love Dog Training

Lesson 2

- Moving with Engagement (M.E.): Changes of Speed
- Anchor: Graduating from Rin-Tin-Tin to Anchor
- Boomerang: Introduction
- Bonus video: Four Ways to Teach Your Dog to Come Back to You

Lesson 3

- Moving with Engagement (M.E.): Pivot Turn & Catch Up to Me
- Anchor: Building Distance and Duration
- Boomerang: Adding Distance, Timing, and Focus
- Advanced Options for Boomerang: Handler Focus to Obstacle Focus and Competitive Timing

Lesson 4

- Moving with Engagement (M.E.): Circle Work
- Anchor: Send, Recall, and Run Past
- Boomerang: Adding Front Cross and Pull Turn Cues
- Bonus video: Balance Beams

Lesson 5

- Combining Boomerang, Anchor, and Moving with Engagement (M.E.)
- Distractions: Advanced Work
- Introducing Another Turn Cue: The Rear Cross

Lesson 6

- Advanced Verbal & Physical Cues
- Teaching an “Out!” Cue
- Verbal Discrimination Training
- Complex BAM Combinations
- Advanced M.E. Work