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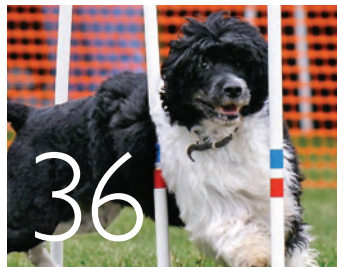
Help! I Can't Keep Up: Jo's Jumping Plan

Having trouble with collection and tight turns? Use this method developed by Jo Sermon to teach your dog to jump and turn in close quarters even if your dog is running ahead of you. By Lyn Kahn



Beyond the Backyard

We focus on threadles, a.k.a. pull-throughs, again this month. Often there are threadles on course that don't meet the traditional definition. Learn how to recognize these threadles and how to handle them. By Mary Ellen Barry



Being Black and White, Part 2: The Weave Poles

Have you created an inconsistent obstacle performance by accepting different behaviors than the one you really want? Being black and white in your training will help you end your dog's confusion. By Elaine Coupé

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Our agility dogs seem to age without our even realizing it. Before we know it, it's time for the bittersweet changing of the guard and a new puppy is in our future. By Elizabeth Dott

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Meet a four-time Olympic diving gold-medalist who is now applying his championship skills to agility. By Tracy Sklenar and Daniel McSwiney

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Remembering to balance high expectations with realistic goals as you work with your puppy will help you to evaluate your progress realistically and to reward appropriately. By Nancy Gyes

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This simple setup for practicing weave pole skills resembles the number one. The pattern uses a minimum of space and obstacles, but presents many different ways to use the equipment. By Nancy Gyes

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If the weather and conditions on trial day are perfect, what can an agility addict complain about? When you need something to complain about, there's always the judge or the course. By Diane A. Hemingway

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Medial shoulder instability, or a rotator cuff injury, is one of the most common forelimb injuries seen in canine athletes. Learn more about the anatomy of this injury and its treatment. By Sherman O. Canapp, Jr., DVM, MS, Diplomate ACVS and Ria Acciani, MPT

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Is handler stress during trials affecting your runs? Here are some suggestions for reducing and controlling your stress in trial situations. By Brenna Fender

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Muscle memory is a complex physiological process, but it does exist and it can greatly benefit our agility dogs. By Heather Esterday



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Now that your dog is weaving straight poles, it's time to start training the advanced-entry system and also to proof your dog in 12 poles. By Joe Canova

59 Dash's Journey: Overcoming Anxiety

An agility handler shares her ongoing training journey as she works to overcome the anxieties and fears of a rescued Australian Shepherd. By Sally Silverman

Cover Dog

Casey NAC, TG-N, TN-N, NJC, CL1, CL2, V-BSA, V-BJA, V-IJA, an All-American adopted from the Dakin Animal Shelter at the age of three, is owned by Pamela Skinner and Wayne Glaser of Massachusetts. Photo by Matt Allison, www.mattallisonphotography.com