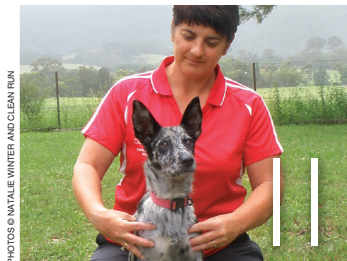


# Clean Run®

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS

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PHOTOS © NATALIE WINTER AND CLEAN RUN

## You Do What? Canine Massage for the Performance Dog

The field of canine massage has been much misunderstood until recently. Learn what massage is really about and why vets and other canine health professionals are touting the benefits of massage for the performance dog. By Natalie Winter



## Unintentional Training Lessons

Dogs learn many bad habits in training that we have unintentionally taught them, and these lessons tend to stick with the dog. We unknowingly repeat behaviors that influence the dog, whether we want to or not. Learn how to avoid this trap. By Marie Hansson



## Finding Your Lost Dog

Losing a dog is a terrifying experience and can happen to anyone. Taking some preventive measures and having an emergency plan in place can help you locate your dog as quickly as possible in the event that he is ever lost or stolen. By Katie Trachte and Julie Rigby

## Features

### 5 Editorializing: Math, Cooking, and Agility

To be successful in agility, the dog and handler must be having fun and must have absolute confidence in each other. Making agility training too complex or causing handlers to be stressed by their dog or performances only serves to frighten away people from the sport and take away the fun of playing with our dogs. By Kathy Lofthouse

### 17 Performance Analysis:

#### Assessing Current Performance and Developing a Training Plan

At the beginning of a team's agility career, identifying areas of improvement is relatively straightforward. As the team moves up to higher competition levels, however, performance improvements become more difficult to identify. Here are some tools for assessing your current agility performance and developing a training plan for improvement. By Steve Croxford

### 31 Power Paws Drills: Lead-outs

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### 36 Agility Equipment Unwrapped, Part 2

In Part 2, we'll look at construction methods, paints and coatings, contact surfacing, and the care and maintenance necessary for your equipment to provide a lifetime of use. By Gary Shipley

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Test your skills on a sequence from a 2009 USDAA Grand Prix Regional course designed by Sharon Wirant. By Ann Croft

### 53 10 Tips for Training for NADAC Success (Without Compromising Your Ability to Compete Successfully in Other Venues), Part 2

In the first article we discussed the importance of desire, confidence in your training ability, your dog's choice in participation, independent obstacle performance, and your dog's belief in your cues. This month we look at five more tips for success. By Andrea Dexter

### 72 Shelter Champs: Maggie

While many competitors dream of earning titles, animal shelters continue to house dogs that were relinquished because they are too energetic, too smart, or too busy for most pet homes. Many of these dogs are great agility prospects. This month, meet Maggie. By Lisa Barrett

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### 24 It's Your Turn! Cue #2: The Pull

Having a dog with well-trained turn cues can make your life easier and is also much easier on your dog's body and brain. In this series, you'll learn how to teach your dog the seven turn cues. Here's the second cue, the pull. By Sandy Rogers

### 45 When Pigs Fly: The Release, You Can't Stop If You Haven't Started

A dog that breaks a stay or contact position before cued to do so most often lacks an understanding of when he is being released. Training an impeccable release cue is the first step to resolving these problems. By Jane Killion



### 63 Let's Play! A Fail-safe Plan to Teach Your Dog to Love Toys, Part 1

There's a lot to be gained by using toys in agility. Playing a rousing game of tug, then sending your dog over a jump, and rewarding with another game of tug builds a sense of agility as a fun game. Tossing a toy ahead of a dog teaches him to drive away from you. Here's a plan to teach your dog to love toys. By Helix Fairweather

### 68 Preventing Re-injury after Soft-tissue Injuries

With proper diagnosis, treatment, rehabilitation, and sports retraining, we can return dogs with soft-tissue injuries to their full function and decrease the chances of re-injury. By Chris Zink, DVM, PhD and Debra Canapp, DVM, CCRT

## Cover Dog

Ch. Apu Little Red Lentil, RE, AX, MXJ, NF, NAP, NJP, NFP, GRC, CGC, TDIA, MVB, a.k.a. "M," a 12-year-old Basenji owned by Susan Marsicano of New York. Photo by Karen Hocker Photography.

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