

Clean Run®

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS

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Why You Should Play with Your Dog

At its most basic, agility is a game of chase with refined rules. We train the dog to chase us around a field or we give the signal for the dog to go on so that we can chase the dog down a line. Explore how tapping into a dog's natural playfulness and chase/prey drive can enhance agility training and make the game more fun for your dog. By Anne Stocum



Stem Cell Therapy and Platelet Concentrate Therapy

Advances in veterinary regenerative medicine give owners of canine athletes an opportunity to recover from a career-ending injury, immune-related arthritis, or chronic osteoarthritis. But, cellular therapy is not for every situation nor is it a substitute for a "balanced" approach to diagnosis, treatment, and rehab. By Anne Hale, DVM



Power Paws Drills: International Trends

Decision making on choosing your dog's path—that is, turning him left or right on a jump where there is an option—is a big aspect of this month's drills. There are many opportunities for practicing lead-out pivots, front crosses, forward threadles, and push throughs as well as post turns. By Nancy Gyes

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5 Editorializing: Nobody Clapped

Have you ever crossed the finish line after a clean run only to be met with deafening silence from outside the ring because everyone was too busy to clap? By Jan Manning

12 Building Blocks: Are You Ready for Your First Trial?

Agility events and matches where training is permitted in the ring aren't always available. As a substitute you can develop and rehearse your competition routine during your regular training sessions. These exercises will help you get your dog prepared for competition. By Rachel Sanders

22 Training with the Stars: Stacy Peardot-Goudy

Stacy Peardot-Goudy has been giving heart and soul to agility since 1989. So how does a pro with a full roster of classes and lessons, and a business to run, find time to train? Learn the answer to this question and others! By Sally Silverman

28 Agility Mind Gym: Dealing with Fear and Pressure

You've done your homework, practiced hard, and you are good at what you do... but in a big event something keeps holding you back from your best performances. What is it, exactly, that you are afraid of? By Kathy Keats

35 What's in Your Toolbox?

Many times in class situations we only have time to execute a sequence in one particular way. In reality, there is usually more than one way that sequence can be efficiently and effectively executed. To be the best competitor you can be, rather than fret about how to get through a sequence you see in competition, you should have several different ways to do it in your toolbox. By Mary Ellen Barry

44 Analyze This!

Challenges from international courses are making their way into U.S. courses with increasing frequency. This month we look at a standard agility course designed for the 2012 World Agility Open in Belgium. By Laura Manchester Derrett

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An agility competitor shares the retraining program she and her instructor used to help get her Standard Poodle to perform the teeter reliably and enthusiastically. By Diana Dickinson



32 Exercises to Improve Handler Balance

Balance is the foundation of all exercise. Doing a few balance exercises after training your dog will make you stronger and give you more confidence in your course running. By Karen Holik and Eric Bobkowski

39 Yee-Haw! Training the Zoomer

Rather than run the course, some dogs prefer to use the agility ring as their personal racetrack. These zoomers can often be seen running at top speed around and around the ring. So how can we channel the dog's energy into running the course with the handler rather than re-enacting the Kentucky Derby? By Tracy Sklenar

59 Dispelling the Myths: Blind Crosses and Layering

Blind crosses fell out of fashion some time ago, but are becoming much more popular again. The problem has always been the execution and placement of a blind cross, not the actual cross itself. Layering is another handling option that can open up your options on a course. By Dawn Weaver

Cover Dog

German Shorthaired Pointer. Photo by M. Nicole Fischer Photography.

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