

# Clean Run®

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS

OCTOBER 13 VOLUME 19 NUMBER 10

PHOTOS © WWW.MATTALUSONPHOTOGRAPHY.COM, KIMBERLY "KIMBER" CHASE, BRYSE TAYLOR



## What is Drive?

A better understanding of the concept of drive can help us bring out our dog's optimal potential in agility. We need to consider the source of our dog's motivations when introducing behaviors we want our dog to perform on cue. Dogs aren't born knowing how much fun they can have doing agility. By Jamie McKay CPDT KSA



## The Best Stretches for Weekend Warriors

Health and fitness professionals worldwide were asked the question, "If you could pick one exercise or stretch for weekend warrior runners, what would it be?" Find out the answers as well as how to choose the best stretch, exercise, or modality for you. By Kimberly "Kimber" Chase



## Out Spot Out! Teaching Obstacle Discrimination

Discrimination between two obstacles in close proximity does not require the dog to understand the verbal cue for a specific obstacle. It requires a system of cues to communicate whether the dog should take the obstacle that is closest to the handler or the one that is farther away. By Lorrie Reynolds

## Features

### 5 Editorializing: The Next Generation

Agility is such an amazing sport for a child to grow up in. It builds their confidence and they learn patience and responsibility as well as the incredible effect that positive reinforcement has on behavior. By Diane Niland

### 10 Understanding Run-outs and Refusals

Run-outs and refusals are course handling faults scored in AKC and USDAA agility. Here we'll define exactly what those terms mean and provide lots of examples so that you understand how your dog is being judged. By Ann Croft

### 18 The 10-Minute Trainer

To keep your dog engaged while waiting for your turn to run, teach him tricks that don't require props, don't require much space, and keep him looking at you, but don't require you to look at your dog. By Daisy Peel

### 38 Awesome Paws Drills

How do you cue a 180° turn on one jump? How do you cue a 180° turn from the backside of one jump? There is not just one way! You can balance cues in many different ways to cue the same desired behavior. It is your responsibility as handler to choose whatever cue combination is appropriate depending on the situation. By Linda Mecklenburg

### 47 Training with the Stars: Ashley Deacon

Ashley Deacon attributes his success to his philosophy of just wanting to have fun with his dogs. He never focuses on winning this or that, but rather on how he can get the most out of his dog and how they can do better together as a team. After all, at the end of the day, agility is all about running around a field with your dog. By Sally Silverman

### 59 Class Challenges for Rising Stars: Time Warp

To play Snooker successfully, and make changes to your plan as necessary, you need to know where all the reds are and how to get to them while you're on the move. This game is designed to help with that skill. By Stuart Mah

## Columns

### 6 Tip of the Month By Deborah Davidson-Harpur

### 7 Everything You Always Wanted to Know About Agility... By Brenna Fender

### 8 Backyard Dogs By Dudley Fontaine

### 45 The Judge's Debriefing By Ann Croft

## Cover

### 23 Power Paws Skills: Got 270?

Learn how to use "post work" as well as Nancy's incremental "Got 270" training program and one-jump "back-of-the-jump work" to teach your dog reliable, independent 270 skills. By Nancy Gyes

### 32 Knowledge Equals Speed! Motivation Through Shaping

Shaping the agility obstacles helps instill motivation and confidence in your dog. It allows you to show your dog exactly what you want, and the better the dog understands what is required, the faster he can perform the behavior. By Dawn Weaver



### 41 Making the Most of the Dog You Have

Not every dog has boatloads of natural talent or the drive needed to excel in agility, but marvelous things can happen in the hands of a dedicated and understanding trainer. Learning what we can change and accepting what we cannot change is the key to getting the most from our dogs. Success comes in all shapes and sizes. By Sandra Rogers

### 51 Picture Perfect

Agility requires more than just physical and technical skills; it requires a strong mental game. Visualization is one of the most important tools for strengthening our mental game. Learn how to make use of visualization as part of your agility preparation. By Ashley Deacon

## Cover Dog

Kiralytanyai Nyalka MX, MXJ, MJB, XF, T2B, JCH, SCH, RCH, AAD, a.k.a. Nyalka, a 6-year-old Mudi owned by Kim Seiter of New Jersey. Photo by Karen Hocker Photography.

Clean Run (ISSN 1089-8506) is published monthly by Clean Run Productions, LLC. Principal office: 17 Industrial Dr., South Hadley, MA 01075. Periodicals postage paid at South Hadley, Massachusetts 01075-9902 and additional offices. © Copyright 1995-2013 Bud Houston and Clean Run Productions, LLC. All world rights reserved. Reproduction in whole or in part without written permission is prohibited. **POSTMASTER: Send address changes to Clean Run, 17 Industrial Dr., South Hadley, MA 01075.**