# Clean Run°

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#### Mind to Win: How Your Emotions Affect Your Dog's Emotions, Part 2

You are part of a team trifecta: you, your dog, and your partnership with your dog. All three interact with each other. Many handlers recognize how their dog's behaviour affects them, but it's not a one-way street! Your dog may also be reacting to you. By Kathrine McAleese, PhD



#### Using a Lotus Ball for Teaching Running Contacts on the A-Frame

Stride regulators, hoops, and targets all give the dog reasons or motivation to change his style of descent on the A-frame, but rolling a Lotus Ball down the A-frame just in front of the dog, draws the dog into a perfect position for an efficient and smooth running contact. By Jan Manning



#### Should We Rethink the TPLO? Part 1

There probably isn't a single agility competitor out there who hasn't known or had a dog that needed a tibial plateau leveling osteotomy to repair a torn cranial cruciate ligament. As the incidences of ruptured cruciates are increasing, so is the need for improved surgical and non-surgical care. By Kimberly Henneman, DVM

## Cover

8 Power Paws Skills: Help, My Dog Won't Collect!

Despite all your training, your dog is still having trouble collecting and turning over a jump. Here are some ideas to get him to shorten his stride and turn more efficiently. By Nancy Gyes

33 As the World Turns: Running on the Dog's Line (Serpentine) Running on the dog's line, or serpentine, is a technique that involves the dog jumping into the handler. The handler is on the landing side and pushing on the

dog's path to change his line.

By Mary Ellen Barry



## 45 Puppies Creating a Balance

Raising an agility dog is not just about teaching a puppy to understand our handling cues or to execute an obstacle in the fastest way possible; they need a balance of life skills as well. Our agility dogs have to work for us while ignoring other dogs and people, judges moving around them, yelling numbers and strange dogs in close proximity to their toys and food, etc. By Rachel Sanders

#### 53 The Effects of Mirroring on Behavior: A Simple Concept with a Huge Impact

Whether a person is inadvertently mimicking their dog's energy or a dog is mirroring their person's energy, the impact on the dog's behavior is immense. Adjust your demeanor to positively influence your dog's behaviors and see how incredibly effective mirroring can be. By Stacy Winkler

### **Cover Dog**

Nonesuch Dreamboat Annie AX, MXJ, a.k.a. Annie, a Bearded Collie owned by Gordon Eisendrath of Wisconsin. Photo by Alissa Behn, Pet Personalities.

#### **Features**

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The ease of videotaping all our runs with tablets and smartphones has led to many of us obsessing on our Es until we doubt our skills and have trouble making handling choices. By Meg McCarthy

#### 24 Class Plans from Happy Dog Ranch

One of the challenges instructors face each week is designing exercises and courses that require little moving of equipment between groups and challenge all the students in the class while not making it so difficult that they cannot be successful.

By Kristy Netzer

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Greg Derrett started talking about a method/ system of handling in the mid 90's. In the increasingly competitive world of agility, Greg talks about the reasons he has not changed some things and also address some of the misconceptions about his training methodology. By Sandy Rogers

#### 30 Training with the Stars: Katarina Podlipnik

When helping students, Katarina looks carefully at what motivates a particular dog. While she works a lot on building both food and toy drive, she also seeks alternative motivators for when food and toys are simply not enough. By Sally Silverman

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Learn how a trainer kept her Masters level dog tuned up for agility and also did foundation work with her up and coming dog while living in a New York City apartment. By Bobbie Bhambree

#### 49 Being an Innovative Dog Trainer: Arousal, Part 5—On- and Off-Switch Behaviours!

Tricks are an often neglected performanceenhancing freebie. Tricks that decrease arousal are "off-switch behaviours" and tricks that increase arousal are "on-switch behaviours." By Tom Mitchell

#### 57 An Inside Look at Agility Training Centers: Sonlight Ranch & K9 Event Center

Sonlight Ranch & K9 Event Center is an outdoor facility which is sits on 28 acres near Tampa, Florida, from 1992 to 2009. Sonlight offers competitive agility training in two fully fenced outdoor grass rings. By Brenna Fender

# 61 K9 Conditioning: Have a Plan and Make it Simple

The exercises this month were put together in an effort to give your dog a full body workout with minimal equipment changes. By Bobbie Lyons, Cert CF, FitPAWS Master Trainer
Course Instructor

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