

Clean Run®

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Confessions of a Non-Tugger

If you are not able to tug with your dog, don't despair. It is the energy you present to your dog when you train/play with him that is the critical component of success in agility, not the way you play or the objects you use. By Kathy Lofthouse

Massage Therapy for the Canine Athlete

Therapeutic massage is not only useful in helping repair injuries, it can also help maintain your dog's health and prevent repetitive strains and injuries. By Valerie Black, Certified CMT, CPMT, CRMT

The Construction Zone: Adjustable Teeter Base

An adjustable teeter is very useful. Set at full height you can use it in sequences as you would use any teeter, and for training you can lower the plank and use it to teach the obstacle. By Stephanie Morgan

Features

5 Editorializing: Help Spread the Word

Because there aren't many practical places to advertise an agility training magazine, *Clean Run* has always relied on word of mouth to generate new subscription sales; but over the years, that support has waned. By Brenna Fender

28 Bringing Up Banksy, Part 2

"I was ready for a puppy, a future superstar that would be trained from scratch by me, pretty good trainer of dogs and quite averagely mediocre agility competitor. On a quest towards becoming Somewhat Better Than Pretty Good." By Laura Hartwick

42 Canine Training and Behavior Q&A

"I went to every effort to socialize my youngster with dogs. Initially he loved other dogs and was very keen to greet them, but he is now lunging and barking at dogs on walks. He is fine when off lead, but terrible on lead! I don't understand. Help!" By Tom Mitchell BSc, BVSc, MRCVS

44 On Course with Linda Chwistek

Could a dog destined for a life of violence adapt to life as a pet and agility partner? Audie, originally named "86" for the number on his cage, is one of about 50 dogs seized on April 25, 2007 from Michael Vick's Bad Newz Kennels. By Brenna Fender

47 Power Paws Drills: Handler Focus

These drills are designed to practice having your dog remain in handler focus at your side and resist ducking behind you or cutting in front of you to take an obstacle that comes into their view but is on your opposite side. By Nancy Gyes

49 Judge's Eye: Course Design and You, Part 2

Knowing how judges develop courses (and why) can help your run your dog more successfully in competition. By Cindy Deak

52 Diary of a Lazy Trainer: Successful Agility Starts with Workin' K9 to 5—Or Does It?

There are those people who live and breathe training and they show it in their handling and the ribbons on their walls. Bravo to them, but for the rebels in the pack, it's about training smarter, not harder. By Andrea Davis

55 Functional Fitness Applied to Agility Moves: You Are All Athletes

The definition of an athlete is a person who is trained or skilled in exercises, sports, or games requiring physical strength, agility, or stamina. This should make it much clearer why agility enthusiasts need to be functionally fit. By Antoine Alston and Eileen Duane

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By Brenna Fender

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Sportsmanship—The Game

Sports allow us to measure the best on any given day. When we decide to enter a competition with others, we take part in the chance to win and the risk to lose. How we deal with success and failure has an impact on our fellow players, our coaches, our supporters, and our dogs. By Tori Self

11 Novice and Beyond—A

Survival Guide: Training the Contact Obstacles

The goal this month is to help you find ways to maximize your contact training efforts. After a general discussion of contact training, we'll look at some specific training exercises for a two-on/two-off contact performance. By Sandy Rogers



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19 Puppy Skills for Total Team Performance: The Art of Standing Still

Teaching your pup to stand quietly at your side for extended periods becomes the basis for recalls to side, which, in turn, become an early step in learning to follow handling cues, to never cut across your path, and to accelerate and decelerate appropriately. By Frankie Joiris and Chris Ott

33 As the World Turns:

False Turns

The false turn is a handling technique used to correct the dog's line prior to takeoff so he lands on the correct line for the next obstacle. By Mary Ellen Barry

Cover Dog

CH Czarcrest's Blue Moon VCD1, RAE, OA, OAJ, AJP, OF, ME, ROM, a.k.a. Blue, a West Highland White Terrier owned by Susan Chapman of Illinois. Photo by Alissa Behn, <http://pet-personalities.photorelect.com>.

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