## Clean Run<sup>®</sup>

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS

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## As the World Turns: Front Cross

This month we will cover the front cross in which the handler is moving past the plane of the jump. The dog usually has a perpendicular or slight slice approach By Mary Ellen Barry



#### Judge's Eye: Spinning Wheel Got to Go Round, Part 2

When it comes to wheeling a course, yardage, and time calculations, there is a great diversity among the organizations. Here we'll look at how CPE, USDAA, and ASCA calculate standard course times. By Cindy Deak

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#### How to Train Legendary Lead-Outs, Part 5

Whether you are an athletic handler, slow handler, or physically challenged handler, long lead-outs can help your dog have a speedy and accurate head start on many courses. By Kristy Netzer

## Cover

### 15 A Balancing Act: The Three-Legged Stool of Behavior Change, Part 1

How you approach changing a behavioral challenge is critical to the outcome. Using the model of a three-legged stool helps us understand how to balance and integrate the most critical elements of a successful behavior modification program. By Terry Long, CPDT-KA

## 40 Dialing in on the Same Wavelength as Your Dog

Dogs are hardwired to dial in to and adjust to the energy level around them and often demonstrate an extra sense that enables them to pick up on the energy field of other animals and mirror the energetic state of their close pack/family members. By Kathy Lofthouse



## 55 Sense of Self: The Benefits and Drawbacks of Handling Systems

The key to taking full advantage of a set of rules is to learn and practice them well enough to eventually be able to break them with poise and fluency.

By Tori Self

# 63 Novice and Beyond— A Survival Guide: Training Insurance and Protecting Your Investment

When you do training drills to teach your dog an important concept, you must keep that concept alive in other areas of your training and in everyday life with the dog. It's like buying insurance on what you are training; it protects all the success you accomplished.

By Sandy Rogers

## **Cover Dog**

Windblown Suzy's Lizzy Lou AX, AXJ, OF, TD, NW2, a.k.a. Lizzy, a 6-year-old Labrador Retriever owned by Ellen McNelly of Virginia. Photo by Stewart Event Images.

## **Features**

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For some people, agility is very serious business, but for many others it is a stress-relieving activity that gives them quality time with their dogs and a chance to escape the stresses of everyday life. By Janielle Daniels

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Achilles tendon rupture is a common tendon injury among dogs. Mature medium to large-breed active dogs seem to be most commonly affected by this type of injury. By Lauri-Jo Gamble, DVM and Debra Canapp, DVM, CCRT, CVA, DACVSMR

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Rob has been in agility as long as almost anybody in the US. While he wishes that he knew 25 years ago what he knows now, Rob is not letting age slow him down! By Sally Silverman

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## 48 Team Small Dog Agility Humility: La Vida Phantasmagoria

Nobody really cares about you. It's a fact that's easy to forget in the moment, until you practice it and get used to it. You train, don't complain. Move on, shake it off, remember that failure's the stepping stone to success and success is the ability to go from failure to failure without losing your enthusiasm. By Laura Hartwick

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