

# Clean Run®

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## Using a Target for Jump Training

Targets are an important part of grid work training, but improper use of targets can desensitize our dogs to our motion. We need to train thoughtfully and support targets with correct motion. By Susan Salo



## The Global Judging Program

The GJP was designed to help give judges a fuller understanding of their role, from not only the practical side of designing courses and judging, but the larger role they play in the evolution of our sport. By Greg Derrett



## Managing Your Training Time: What to Focus on Each Week

So you are motivated to train and get better. You've been inspired by your instructor or simply those soulful canine eyes saying "let's do this!" Where do you start? By Melanie Miller

## Features

### 5 Editorializing: Reminder, Dogs Are Not Machines

There are many sport-dog rearing programs that promote controlled resource allocation, but your dog is not a race car that you can keep in the garage, shining it, tuning it up, and then finally taking it out on the track. By Sarah Stremming

### 7 The 25% Solution for Fine Tuning Teamwork

This month's drills, which fit in a 60 x 40 foot area, focus on 270s, serps, and threadles. By John Reid and Rebecca Thrift

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My training program calls for perfecting seven key turn cues. They are the cues that I know most handlers can excel with on American-style agility courses. By Sandy Rogers

### 15 Power Paws Drills: Star Crossed

This setup has an unlimited number of patterns and drills you can train. There are a fair number of push-to-the-back challenges as well as threadles, and then simpler figure-eight and star patterns you can do. By Nancy Gyes

### 19 Training Freedom: Here I Go Again!

This month our target training progressed from a mat on the ground to a mat on a training plank. It's also time to introduce the pipe tunnel to all three dogs. By Jo Sermon

### 37 Plan for Action

To improve in agility we need to plan training sessions that have the specific goal of improving performance rather than just doing mindless repetitions. This month's practice sets focus on pulls. By Mia Grant

### 50 Agility After Dark

This diverse practice group was started 17 years ago to give handlers from all venues a place to train on full size courses. Their initial practice time in the indoor soccer arena they found was from 9:30 to 11:30 p.m. every Tuesday evening. By Linda Mizrahi

### 52 Starting Off Right: Front-Foot Targeting

Being able to verbally cue front-foot targeting will allow you to use this behavior as a starting point for numerous performance-related skills. By Bobbie Lyons, CCFT, KPA-CTP, Cert CF

### 54 "I Want Agility To Be Like This..."

So, what would you like agility to be like? Here are some examples that show agility competition doesn't always have to be the same-old-same-old. All it takes is some imagination, determination, and some personal touches to show your corner of the world something special. By Barbara Scanlan

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Studies say playing brain games for 10-15 minutes a day is the same as an off-leash walk through the forest for 1.5 hours. How can brain games help your performance dog? By Rachelle Huismans-Lardenoye

### 33 Building a Reward System for Effective Dog Training – Part 1

Have you thought about how you use rewards, how you want your dog to think about rewards, and what type of rewards to use and when? Do you have a mental model of your reward system? By Anne Stocum



### 40 Stranded at the Start Line: What to Do When Things Go Wrong Before You Run

There are many ways you can be thrown off your mental game before starting an agility run: negative remarks from other competitors, a scuffle between dogs, timing malfunction, etc. Unsettling things can happen, so how do you get focused and have a good run? By Brenna Fender

### 58 Distance Jump Training for Any Dog, Part 2

Absolutely any dog can be taught to work away from their handler! It doesn't matter how focused they are on you or how much they stare at you over every obstacle. You can overcome that with clear, methodical well-rewarded behaviors. By Stacy Winkler

## Cover Dog

Jeter Morris MACH3, MXS, MJG, OF, T2B, TKI, a.k.a. Jeter, a 4-year-old All-American owned by Kaela Morris of California. Photo by Mia Grant.

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