

# Clean Run®

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS

OCTOBER 17 VOLUME 23 NUMBER 10

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## Distance Handling In Action

It's time to take the distance handling skills you've been working on over the past year and apply them on course. This month we'll look at distance handling possibilities on a USDAA Advanced/PII Standard course. By Kristy Netzer



## My Favorite Jumping Exercise

Imagine that you are preparing for a big event but your agility equipment has vanished! All you have left is three jumps. We've asked people around the country what sequences they would practice in a limited space with their three jumps. By Steve Schwarz



## Training Freedom: Here I Go Again!

Shady didn't have a good month. Like many dogs, he hit a plateau where he appeared to forget everything he'd been taught. But rather than turn training into a battle, I changed my plan to help him work through it. By Jo Sermon

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### 22 Practically Training: Please Release Me—Stay, Stop, and Go

Your dog's understanding of "going" (being released) is directly related to his understanding of stopping and staying. His clarity on all three—how to stay, how to stop himself, and when to go—is an absolute necessity for this sport. By Sandy Rogers

### 32 Worked Up! Assessing and Soothing Arousal in Sports Dogs, Part 2

Learning to assess your dog's arousal level and ability to function is a great place to start. Being able to actually soothe a worked-up dog's mental state is a tool we should all have in our back pockets. By Sarah Stremming

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While it's highly unlikely we can provide a totally coercion-free life for our dogs, with a little more empathy about the situations we put our dogs in, we can all make positive steps toward that end. By Lynne Stephens

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Incorporating fitness foundation behaviors and play encourages a good work ethic, strengthens your bond, and sets your puppy up with skills needed to move to the next level of sport training. By Bobbie Lyons, CCFT, FP-MTI, Cert CF

### 10 Letter to MySelf

This is a letter to my 12-year-old self, to be delivered just before she ventured into the world of dog agility. Take it as you will, no matter your age, no matter your time in this sport. By Tori Self

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Here's an easy way to find a particular digital issue using your computer. By Monica Percival

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Cueing means telling your dog, through the seven handling elements, whether to approach the next obstacle in extension or collection and which way to turn to turn if needed. By Mary Ellen Barry

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With the trend toward indoor trials, where crating areas are cramped, and large numbers of dogs and people spend long hours in a congested space, contagious diseases are more of a concern than ever. By Catherine Sullivan

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Our dogs run, jump, and climb, and they go really fast. And any dog that doesn't spend its life in bubble wrap on the couch risks an injury. By Laura Hartwick

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This wing jump is the perfect solution if you're looking to add some wing jumps to your existing equipment. By Pamela McElrath

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The curse of knowledge can get in the way in most teaching situations and promote big misunderstandings in training our dogs as well as cause us to set our criteria way too high. By Eileen Anderson

### 61 Training Verbals for Distance Work, Part 6: Independent Tunnel Cues & More

This month we're going to teach independent tunnel verbals as well as take our previously trained connection and directional verbal cues to the next level. By Stacy Winkler

## Cover Dog

Bur-Way Number One Jib MX, MXJ, AXF, T2B, TM-Bronze, SM, JM, AAD, CL3, CL4-F, a.k.a. TheGenny, a 4-year-old American Hairless Terrier (coated variety) owned by Jean Nichols Eichenlaub of California. Photography by M

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