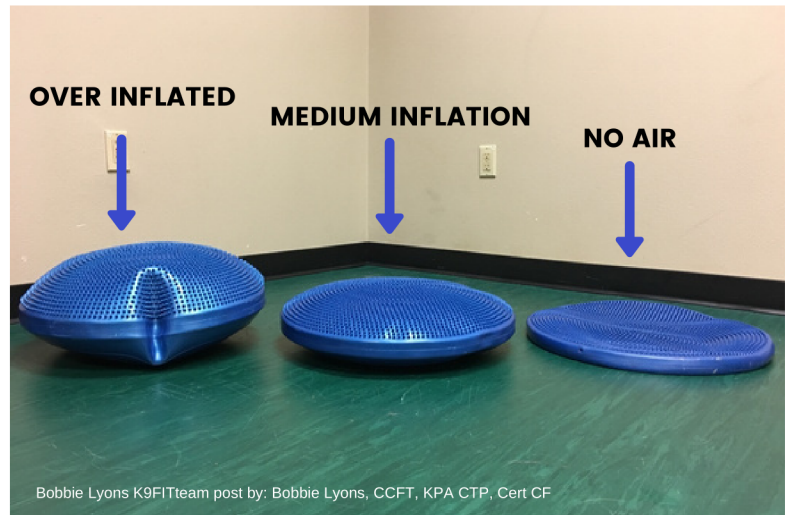




## **INFLATION FITPAWS DISC**

Inflation levels  
are important to  
the fitness level of  
your dog



### Disc Inflation Tips

- Adjust the inflation of your equipment to match the fitness level and the specific exercise that you are asking your dog to perform.
- No air is great for puppies, seniors and dogs who generally need to improve proprioception/limb awareness (nubby side up), medium inflation is a great place to start, and over-inflated provides a flat top for better foot placement but can also add a level of difficulty to any exercise.
- Inflate disc slowly and if you start to see a divot/dent starting, stop inflating and let it rest. Try to push the dent in to reshape before continuing with inflation. Recommendation is to inflate slowly over 24 hour time period.

---

Bobbie Lyons K9FITteam post by: Bobbie Lyons, CCFT, KPA CTP, Cert CF  
Pawsitive Performance & Bobbie Lyons Canine Campus  
For Questions about Tips contact : [info@pawsitive-performance.com](mailto:info@pawsitive-performance.com)