

# Focus on Jumping

## Syllabus

Lesson 1: Body Awareness

Lesson 2: Flexibility

Lesson 3: Lifting Up the Front to Go Straight

Lesson 4: Lifting the Front Up to Turn

Lesson 5: Rear End Power

Lesson 6: Rounding Over the Jump

Lesson 7: Landing Straight

Lesson 8: Landing While Turning

## Pre-Requisites for Class

The following skills are pre-requisites for the class:

- Give a paw or wave
- Value for front, rear, and all feet on equipment
- Folding down
- Rock-back sit
- Tuck sit
- Right and left circles (Spin & Twist)

## Skills to Brush Up On

Before class starts, brush up on your targeting skills; specifically:

- Nose touch where your dog's front feet leave the ground, and rear feet stay on the ground
- Rear foot targeting on verbal cue (generalized to many different things). This should not be an extension of back up. Back up is a 4-footed behavior and rear foot targeting is a 2-footed behavior
- Front foot targeting on verbal cue