# Clean Run<sup>®</sup>

THE MAGAZINE FOR DOG AGILITY ENTHUSIASTS



# Managing Your Training Time, Part 2: What to Focus on Each Month

So you are motivated to train and get better. Where do you start? How do you know what to focus on? How do you balance training and getting better with your canine partner's fitness and well-being? By Melanie Miller



#### Building a Reward System for Effective Dog Training, Part 2

Have you thought about how you use rewards, how you want your dog to think about rewards, and what type of rewards to use and when? Do you have a mental model of your *reward system*? By Anne Stocum



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#### Ultimate Dog Vehicle Setups: Toyota Sienna

In this new series you'll get to check out some of the most popular "dog sport vehicles" and get ideas for how you can modify them to best fit your canine transportation needs.

By Brenna Fender

# Cover

#### 9 Pressure, Part 1: Removing Pressures on Your Dog

If we can let go of the expectations we place on our dogs and allow them to make their own choices on their own timetable, we might find they will choose to play with us—not because we ask them to—but because they want to. By Tammy Moody

#### 29 Distance Jump Training for Any Dog, Part 3

Any dog can be taught to work away from their handler! It doesn't matter how focused they are on you or how much they stare at you over every obstacle. You can overcome that with clear, methodical well-rewarded behaviors. By Stacy Winkler

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#### 5 Editorializing: It's a Gorgeous Day in the Park

"I adore training my dog Zann in agility. I am almost 60. I can still sprint and sometimes I even remember the correct course. We may never get out of Novice and it just doesn't matter."

By Linda Holland

#### 7 Super Sets

What do you call a training setup that you can use for your youngsters, your experienced pups, your friends, and even your students? Think of something that has fun, appropriate challenges for all and does not require a lot of extra course building to accommodate everybody. We call this sort of a setup a super set! By Dudley Shumate

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For some agility handlers, weave pole training can be far more complicated then you ever dreamed possible. By Laura Hartwick

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To improve in agility we need to plan training sessions that have the specific goal of improving performance rather than just doing mindless repetitions. This month's practice sets focus on dogwalk stopped contacts, pulls, and weave entries. By Mia Grant

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This month all three youngsters continue their work on the pipe tunnel as well as get their first introduction to jumps and their first contact obstacle, the seesaw. By Jo Sermon

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This month's drills, which fit in a 60 x 40 foot area, focus on pinwheels, backsides, and managing tough approaches to obstacles. By John Reid and Rebecca Thrift

#### 64 How to Juggle Agility with Life

You've been bitten by the bug, but how are you going to take agility classes at least once a week, practice agility with your dogs, go to trials, and still stay sane as well as still be a mother, wife, and employee. By Teresa Merisotis

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Lack-of-motion training comes naturally to many dogs, but others need extra help and constant training throughout their careers. Collecting to turn tight just isn't high on every dog's personal agenda. By Sandy Rogers

#### 48 Power Paws Skills: Design and Build Your Own Handling System

Can you mix and match different cues and techniques to create your own personalized handling system just like building a computer? Think of your dog as the hardware and the skills as software. Can you take Derrett operating system 1.0 and add Trkman cik/cap skills to bump up your turning cues? By Nancy Gyes

## **Cover Dog**

AG Ch Scottromar Flynnders Fortune ADM4 ADO3 JDM6 JDO5 GDM SDM SPDM, a.k.a. Flynn, a 9-year-old Miniature Schnauzer owned by Nelly Felczynski of Sydney, Australia. Photo by Pinnicle Photography.

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