

Contents

Alphabetical Listing of Techniques	vi	Running on the Dog's Line.....	135
Introduction.....	vii	Hungarian Cross	143
The Three C's	9	Blind Cross.....	147
Side Cues	19	Human Arrow.....	155
Forced Front Cross	25	Tunnel Brake	163
V-Set	31	False Turn.....	171
Jaakko Turn.....	35	Grab to Weaves	179
Reverse V-Set	39	Lateral Push.....	187
Reverse Wrap	43	Collected Front Cross.....	193
Reverse Spin.....	49	Backside Front Cross.....	197
Tandem Turn.....	55	Front Cross.....	205
Lap Turn.....	61	Front Cross with a Shaped Takeoff Point	213
Double Lap Turn.....	67	Tornado Front Cross.....	219
Backsides	73	The Twist	227
German Turn	89	The Helicopter.....	233
Flip.....	95	Flick at a Jump	239
Backside Tunnels	101	Practicing Multiple Techniques	243
Whisky Cross	107	Jumping on a Slice	253
Flick	113	Reality Lines vs. Fantasy Lines.....	257
Japanese.....	119		
Layering.....	123		
Backlap	129		